



16. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 21.06.2014

☐☐☐☐

coffee to go

☐☐: 220

☐☐: 171.30 km

Blankenstein-Hörschel

☐☐☐☐:

Männerstaffel

☐☐☐: 14:30:06

☐☐: 11.79 km/h

☐☐☐☐: 5:05 min/km

☐☐☐☐☐: 94 (of 228)

☐☐☐☐☐☐: 10:18:21

☐☐☐☐☐: 74(of 138)

☐☐☐☐☐☐☐: 10:18:21

☐☐☐☐

☐☐☐☐

☐☐☐

☐☐☐	☐☐ km	☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐☐☐	☐☐ ☐☐☐	☐☐☐ km	☐☐☐ ☐☐ min/km	☐☐ -	☐☐ -	☐☐ ☐☐☐	☐☐ ☐☐☐		
☐☐☐	-	1:41:11	-	132	38:30	204	38:30	-	1:41:11	-	74	38:30	119	38:30
☐☐☐	-	1:40:55	-	101	35:15	150	35:15	-	3:22:06	-	74	1:11:04	119	1:11:04
☐☐☐	-	1:28:35	-	104	28:39	139	28:39	-	4:50:41	-	74	1:39:43	119	1:39:43
☐☐☐	-	1:32:38	-	93	29:43	132	29:43	-	6:23:19	-	74	2:08:52	119	2:08:52
☐☐☐	-	1:25:15	-	38	21:06	48	21:06	-	7:48:34	-	74	2:29:58	119	2:29:58
☐☐☐	-	1:35:15	-	55	26:16	81	26:16	-	9:23:49	-	74	2:48:29	119	2:48:29
☐☐☐	-	1:02:40	-	32	12:17	38	12:29	-	10:26:29	-	74	3:00:34	119	3:00:34
☐☐☐	-	1:09:09	-	53	18:41	63	18:41	-	11:35:38	-	74	3:18:16	119	3:18:16
☐☐☐	-	1:39:00	-	90	28:35	125	30:13	-	13:14:38	-	74	3:46:31	119	3:46:31
Hörschel	-	1:15:28	-	70	25:14	94	25:14	171.30	14:30:06	-	74	4:11:45	94	4:11:45