

16. Rennsteig-Staffellauf 16. Rennsteig-Staffellauf Blankenstein bis Hörschel / 21.06.2014



BiaLaHe Oßwald Power □□□: 12:47:59

□□: 13.36 km/h □□: 199 □□□: 4:29 min/km

□□: 171.30 km

____: 20 (of 228) Blankenstein-Hörschel [][][][]: 10:18:21

□□□□: 4(of 73) 0000000: 11:31:53 Mixstaffel

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	km		min/km	-	-			kn	n		min/km	-	-		
	-	1:14:07	-	6	5:16	22	11:26	-		1:14:07	-	53		229	11:26
	-	1:21:50	-	8	8:27	29	16:10	-		2:35:57	-	53		229	24:55
	-	1:10:26	-	1	-	11	10:30	-		3:46:23	-	53		229	35:25
	-	1:16:36	-	6	9:37	22	13:41	-		5:02:59	-	53		229	48:32
	-	1:19:34	-	6	5:50	25	15:25	-		6:22:33	-	53		229	1:03:57
	-	1:25:03	-	8	14:26	25	16:04	-		7:47:36	-	53		229	1:12:16
	-	57:56	-	4	7:45	16	7:45	-		8:45:32	-	53		229	1:19:37
	-	1:13:45	-	20	17:21	106	23:17	-		9:59:17	-	53		229	1:41:55
	-	1:36:17	-	27	27:30	104	27:30	-		11:35:34	-	53		229	2:07:27
Hörschel	-	1:12:25	-	15	14:45	71	22:11	171	.30	12:47:59	-	4	1:16:06	20	2:29:38

Timing by SPORTident