



16. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 21.06.2014

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Thinking of you - Heiko

□□□: 14:36:49

□□: 202

□□: 11.70 km/h

□□□□: 5:07 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 101 (of 228)

□□□□□□: 10:18:21

□□□□:

□□□□□: 78(of 138)

Männerstaffel

□□□□□□□: 10:18:21

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|----------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|-----|---------|---------|-----------|-----------|
| □□□ | - | 1:20:08 | - | 38 | 17:27 | 49 | 17:27 | - | 1:20:08 | - | 78 | 17:27 | 127 | 17:27 |
| □□□ | - | 1:53:19 | - | 130 | 47:39 | 205 | 47:39 | - | 3:13:27 | - | 78 | 1:02:25 | 127 | 1:02:25 |
| □□□ | - | 1:19:58 | - | 52 | 20:02 | 60 | 20:02 | - | 4:33:25 | - | 78 | 1:22:27 | 127 | 1:22:27 |
| □□□ | - | 1:35:16 | - | 107 | 32:21 | 153 | 32:21 | - | 6:08:41 | - | 78 | 1:54:14 | 127 | 1:54:14 |
| □□□ | - | 1:38:48 | - | 103 | 34:39 | 150 | 34:39 | - | 7:47:29 | - | 78 | 2:28:53 | 127 | 2:28:53 |
| □□□ | - | 1:45:16 | - | 94 | 36:17 | 145 | 36:17 | - | 9:32:45 | - | 78 | 2:57:25 | 127 | 2:57:25 |
| □□□ | - | 1:04:18 | - | 38 | 13:55 | 46 | 14:07 | - | 10:37:03 | - | 78 | 3:11:08 | 127 | 3:11:08 |
| □□□ | - | 1:00:45 | - | 20 | 10:17 | 23 | 10:17 | - | 11:37:48 | - | 78 | 3:20:26 | 127 | 3:20:26 |
| □□□ | - | 1:44:06 | - | 110 | 33:41 | 170 | 35:19 | - | 13:21:54 | - | 78 | 3:53:47 | 127 | 3:53:47 |
| Hörschel | - | 1:14:55 | - | 68 | 24:41 | 91 | 24:41 | 171.30 | 14:36:49 | - | 78 | 4:18:28 | 101 | 4:18:28 |