



# 16. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 21.06.2014

□□□□

Bergstrassensprinter

□□□: 15:46:16

□□: 45

□□: 10.84 km/h

□□□□: 5:31 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 181 (of 228)

□□□□□□: 10:18:21

□□□□:

□□□□□: 48(of 73)

Mixstaffel

□□□□□□□: 11:31:53

□□□□

□□□□

□□□

| □□□      | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□ | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|----------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|-----|---------|---------|-----------|-----------|
| □□□      | -        | 1:33:32  | -            | 48      | 24:41   | 169       | 30:51     | -      | 1:33:32  | -   | 9       |         | 229       | 30:51     |
| □□□      | -        | 1:47:50  | -            | 58      | 34:27   | 187       | 42:10     | -      | 3:21:22  | -   | 9       | 10:13   | 229       | 1:10:20   |
| □□□      | -        | 1:43:22  | -            | 60      | 32:56   | 206       | 43:26     | -      | 5:04:44  | -   | 9       | 16:50   | 229       | 1:53:46   |
| □□□      | -        | 1:25:43  | -            | 20      | 18:44   | 86        | 22:48     | -      | 6:30:27  | -   | 9       | 10:08   | 229       | 2:16:00   |
| □□□      | -        | 1:45:34  | -            | 49      | 31:50   | 178       | 41:25     | -      | 8:16:01  | -   | 9       | 5:03    | 229       | 2:57:25   |
| □□□      | -        | 1:50:42  | -            | 55      | 40:05   | 181       | 41:43     | -      | 10:06:43 | -   | 9       | 25:48   | 229       | 3:31:23   |
| □□□      | -        | 1:16:49  | -            | 27      | 26:38   | 143       | 26:38     | -      | 11:23:32 | -   | 9       | 21:22   | 229       | 3:57:37   |
| □□□      | -        | 1:20:46  | -            | 38      | 24:22   | 167       | 30:18     | -      | 12:44:18 | -   | 9       | 20:42   | 229       | 4:26:56   |
| □□□      | -        | 1:51:24  | -            | 60      | 42:37   | 194       | 42:37     | -      | 14:35:42 | -   | 9       | 9:15    | 229       | 5:07:35   |
| Hörschel | -        | 1:10:34  | -            | 12      | 12:54   | 51        | 20:20     | 171.30 | 15:46:16 | -   | 48      | 4:14:23 | 181       | 5:27:55   |