

16. Rennsteig-Staffellauf Blankenstein bis Hörschel / 21.06.2014



EF Nord Breunin Sports

□□□: 16:12:20

<u>|</u>|: 9

□□: 10.55 km/h
□□□□: 5:41 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□: Frauenstaffel

00000: 10(of 17)

									10 000					
	km		min/km	-	-			km		min/km	-	-		
	-	1:41:27	-	12	24:37	205	38:46	-	1:41:27	-	1	-	229	38:46
	-	2:12:16	-	17	47:22	227	1:06:36	-	3:53:43	-	1	-	229	1:42:41
	-	1:41:36	-	12	27:28	201	41:40	-	5:35:19	-	1	-	229	2:24:21
	-	1:32:21	-	5	18:08	128	29:26	-	7:07:40	-	1	-	229	2:53:13
	-	1:35:28	-	8	13:02	126	31:19	-	8:43:08	-	1	-	229	3:24:32
	-	1:41:47	-	5	10:44	125	32:48	-	10:24:55	i -	1	-	229	3:49:35
	-	1:19:20	-	8	20:47	163	29:09	-	11:44:15	i -	1	-	229	4:18:20
	-	1:20:45	-	12	14:40	165	30:17	-	13:05:00	-	1	-	229	4:47:38
	-	1:40:08	-	7	14:50	137	31:21	-	14:45:08	} -	1	-	229	5:17:01
Hörschel	-	1:27:12	-	8	20:35	178	36:58	171.3	0 16:12:20	-	10	3:08:56	195	5:53:59

Timing by SPORTident