



16. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 21.06.2014

0000

Trefffurter Sperrachen Mix

000: 14:15:33

00: 55

00: 11.99 km/h

0000: 4:59 min/km

00: 171.30 km

Blankenstein-Hörschel

00000: 80 (of 228)

000000: 10:18:21

0000:

00000: 14(of 73)

Mixstaffel

0000000: 11:31:53

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
000	-	1:46:20	-	69	37:29	218	43:39	-	1:46:20	-	43	10:58	229	43:39
000	-	1:40:23	-	39	27:00	146	34:43	-	3:26:43	-	43	15:34	229	1:15:41
000	-	1:30:20	-	33	19:54	153	30:24	-	4:57:03	-	43	9:09	229	1:46:05
000	-	1:17:57	-	7	10:58	28	15:02	-	6:15:00	-	43		229	2:00:33
000	-	1:30:01	-	17	16:17	81	25:52	-	7:45:01	-	43		229	2:26:25
000	-	1:23:48	-	6	13:11	22	14:49	-	9:08:49	-	43		229	2:33:29
000	-	54:56	-	2	4:45	10	4:45	-	10:03:45	-	43		229	2:37:50
000	-	1:23:21	-	47	26:57	184	32:53	-	11:27:06	-	43		229	3:09:44
000	-	1:30:32	-	16	21:45	65	21:45	-	12:57:38	-	43		229	3:29:31
Hörschel	-	1:17:55	-	30	20:15	116	27:41	171.30	14:15:33	-	14	2:43:40	80	3:57:12