



# 16. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 21.06.2014

□□□□

Long Island Ice Tea

□□□: 14:07:59

□□: 53

□□: 12.10 km/h

□□□□: 4:57 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 74 (of 228)

□□□□□□: 10:18:21

□□□□:

□□□□□: 60(of 138)

Männerstaffel

□□□□□□□: 10:18:21

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□□□

| □□□      | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ | □□□    | □□□      | □□□ | □□<br>- | □□<br>- | □□<br>□□□ | □□<br>□□□ |
|----------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|-----|---------|---------|-----------|-----------|
| □□□      | -        | 1:29:45  | -            | 97      | 27:04   | 141       | 27:04     | -      | 1:29:45  | -   | 60      | 27:04   | 93        | 27:04     |
| □□□      | -        | 1:38:21  | -            | 94      | 32:41   | 136       | 32:41     | -      | 3:08:06  | -   | 60      | 57:04   | 93        | 57:04     |
| □□□      | -        | 1:19:42  | -            | 48      | 19:46   | 56        | 19:46     | -      | 4:27:48  | -   | 60      | 1:16:50 | 93        | 1:16:50   |
| □□□      | -        | 1:53:22  | -            | 133     | 50:27   | 217       | 50:27     | -      | 6:21:10  | -   | 60      | 2:06:43 | 93        | 2:06:43   |
| □□□      | -        | 1:27:35  | -            | 49      | 23:26   | 62        | 23:26     | -      | 7:48:45  | -   | 60      | 2:30:09 | 93        | 2:30:09   |
| □□□      | -        | 1:27:52  | -            | 26      | 18:53   | 37        | 18:53     | -      | 9:16:37  | -   | 60      | 2:41:17 | 93        | 2:41:17   |
| □□□      | -        | 1:13:03  | -            | 83      | 22:40   | 106       | 22:52     | -      | 10:29:40 | -   | 60      | 3:03:45 | 93        | 3:03:45   |
| □□□      | -        | 1:04:55  | -            | 34      | 14:27   | 39        | 14:27     | -      | 11:34:35 | -   | 60      | 3:17:13 | 93        | 3:17:13   |
| □□□      | -        | 1:22:04  | -            | 19      | 11:39   | 26        | 13:17     | -      | 12:56:39 | -   | 60      | 3:28:32 | 93        | 3:28:32   |
| Hörschel | -        | 1:11:20  | -            | 41      | 21:06   | 55        | 21:06     | 171.30 | 14:07:59 | -   | 60      | 3:49:38 | 74        | 3:49:38   |