



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

□□□□

Kilz, Philipp

□□□: 7:48

□□: Paderborn

□□: 2

□□: 1.94 km

□□□□□/□□□: 1 (of 20)

Kindertriathlon (0,04-1,50-0,40)

□□□□□/□: 1 (of 11)

□□□□□□: 7:48

□□□□:

□□□□□: 1(of 5)

männliche Schüler A (12+13 Jahre)

□□□□□□□: 7:48

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.04	0:47	19:34	1	-	1	-	0.04	0:47	19:34	1	-	1	-
Wechsel S -> R	-	1:20	-	1	-	1	-	0.04	2:07	52:54	1	-	1	-
Schwimmen □□□	0.04	2:07	52:54	1	-	1	-	0.04	2:07	52:54	1	-	1	-
Rad netto	1.50	2:57	1:58	1	-	1	-	1.54	5:04	3:17	1	-	1	-
Wechsel R -> L	-	0:37	-	1	-	1	-	1.54	5:41	3:41	1	-	1	-
Rad □□□	1.50	3:34	2:22	1	-	1	-	1.54	5:41	3:41	1	-	1	-
Lauf	0.40	2:07	5:17	1	-	1	-	1.94	7:48	4:01	1	-	1	-