



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

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Müller, Andreas

□□□: 2:37:37

□□: WKPA

□□: 401

□□: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

□□□□□/□□□: 22 (of 86)

□□□□□/□: 22 (of 69)

□□□□□□: 2:15:45

□□□□:

Senioren 1 (40-44 Jahre)

□□□□□: 8(of 19)

□□□□□□□: 2:21:19

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| □□□            | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Schwimmen nett | 1.40     | 26:58    | 19:15        | 8       | 3:41    | 27      | 6:11    | 1.40  | 26:58   | 19:15 | 15      | -       | 69      |         |
| Wechsel S -> R | -        | 3:14     | -            | 14      | 1:54    | 52      | 1:54    | 1.40  | 30:12   | 21:34 | 15      | -       | 69      | 0:50    |
| Schwimmen □□□  | 1.40     | 30:12    | 21:34        | 15      |         | 69      | 0:50    | 1.40  | 30:12   | 21:34 | 15      | -       | 69      | 0:50    |
| Rad netto      | 44.00    | 1:23:50  | 1:54         | 11      | 11:49   | 27      | 11:49   | 45.40 | 1:54:02 | 2:30  | 14      | -       | 52      |         |
| Wechsel R -> L | -        | 1:23     | -            | 8       | 0:14    | 19      | 0:32    | 45.40 | 1:55:25 | 2:32  | 12      | -       | 34      |         |
| Rad □□□        | 44.00    | 1:25:13  | 1:56         | 10      | 11:42   | 25      | 11:42   | 45.40 | 1:55:25 | 2:32  | 12      | -       | 34      |         |
| Lauf           | 10.00    | 42:12    | 4:13         | 7       | 4:00    | 13      | 4:59    | 55.40 | 2:37:37 | 2:50  | 8       | 16:18   | 22      | 21:52   |