



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

□□□□

Bachhuber, Markus

□□□: 2:37:56

□□: TV 1885 Eggenfelden Triathlon

□□: 318

□□: 55.40 km

□□□□□/□□□: 23 (of 86)

Olympische Distanz (1,40-44,00-10,00)

□□□□□/□: 23 (of 69)

□□□□□□: 2:15:45

□□□□:

□□□□□: 4(of 10)

AK4 männlich (35-39 Jahre)

□□□□□□□: 2:15:45

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.40	29:51	21:19	9	9:04	47	9:04	1.40	29:51	21:19	4	9:04	65	2:47
Wechsel S -> R	-	1:43	-	1	-	4	0:23	1.40	31:34	22:32	4	8:49	65	2:12
Schwimmen □□□	1.40	31:34	22:32	4	8:49	65	2:12	1.40	31:34	22:32	4	8:49	65	2:12
Rad netto	44.00	1:19:53	1:48	3	5:15	12	7:52	45.40	1:51:27	2:27	4	14:04	57	
Wechsel R -> L	-	1:38	-	7	0:32	33	0:47	45.40	1:53:05	2:29	4	14:33	54	
Rad □□□	44.00	1:21:31	1:51	3	5:44	13	8:00	45.40	1:53:05	2:29	4	14:33	54	
Lauf	10.00	44:51	4:29	5	7:38	25	7:38	55.40	2:37:56	2:51	4	22:11	23	22:11