



7. ITH Hennesee Triathlon

Meschede / 28.06.2014

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Kilz, Charlotte

□□□: 8:31

□□: Paderborn

□□: 1

□□: 1.94 km

Kindertriathlon (0,04-1,50-0,40)

□□□□□/□□□: 2 (of 20)

□□□□□/□: 1 (of 9)

□□□□□□: 8:31

□□□□:

weibliche Schüler B (10+11 Jahre)

□□□□□: 1(of 3)

□□□□□□□: 8:31

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.04 | 0:54 | 22:30 | 1 | - | 1 | - | 0.04 | 0:54 | 22:30 | 1 | - | 1 | - |
| Wechsel S -> R | - | 1:16 | - | 1 | - | 1 | - | 0.04 | 2:10 | 54:09 | 1 | - | 1 | - |
| Schwimmen □□□ | 0.04 | 2:10 | 54:09 | 1 | - | 1 | - | 0.04 | 2:10 | 54:09 | 1 | - | 1 | - |
| Rad netto | 1.50 | 3:13 | 2:08 | 1 | - | 1 | - | 1.54 | 5:23 | 3:29 | 1 | - | 1 | - |
| Wechsel R -> L | - | 0:44 | - | 1 | - | 2 | 0:01 | 1.54 | 6:07 | 3:58 | 1 | - | 1 | - |
| Rad □□□ | 1.50 | 3:57 | 2:38 | 1 | - | 1 | - | 1.54 | 6:07 | 3:58 | 1 | - | 1 | - |
| Lauf | 0.40 | 2:24 | 5:59 | 1 | - | 2 | 0:07 | 1.94 | 8:31 | 4:23 | 1 | - | 1 | - |