



# 7. ITH Hennesee Triathlon

Meschede / 28.06.2014

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Kilz, Charlotte

□□□: 8:31

□□: Paderborn

□□: 1

□□: 1.94 km

Kindertriathlon (0,04-1,50-0,40)

□□□□□/□□□: 2 (of 20)

□□□□□/□: 1 (of 9)

□□□□□□: 8:31

□□□□:

weibliche Schüler B (10+11 Jahre)

□□□□□: 1(of 3)

□□□□□□□: 8:31

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.04	0:54	22:30	1	-	1	-	0.04	0:54	22:30	1	-	1	-
Wechsel S -> R	-	1:16	-	1	-	1	-	0.04	2:10	54:09	1	-	1	-
Schwimmen □□□	0.04	2:10	54:09	1	-	1	-	0.04	2:10	54:09	1	-	1	-
Rad netto	1.50	3:13	2:08	1	-	1	-	1.54	5:23	3:29	1	-	1	-
Wechsel R -> L	-	0:44	-	1	-	2	0:01	1.54	6:07	3:58	1	-	1	-
Rad □□□	1.50	3:57	2:38	1	-	1	-	1.54	6:07	3:58	1	-	1	-
Lauf	0.40	2:24	5:59	1	-	2	0:07	1.94	8:31	4:23	1	-	1	-