



16. Allersheimer MTB Cup

Holzminden/ Neuhaus i.S. / 06.07.2014

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Messerschmidt, Lars

□□□: 4:07:18

□□: DDMC Solling e.V.

□□: 23.78 km/h

□□: 16

□□: 98.00 km

□□□□□/□□□: 2 (of 26)

Langdistanz

□□□□□/□: 2 (of 24)

□□□□□□: 4:02:29

□□□□:

□□□□□: 2(of 6)

Masters männlich

□□□□□□□: 4:02:29

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	29:41	22.23	2	0:01	2	0:01	11.10	29:41	22.23	2	0:01	21	
Donnershagen (\	16.00	41:40	23.04	1	-	1	-	27.10	1:11:21	22.70	1	-	21	
Turm Silberborn	16.40	38:56	24.66	2	0:34	2	0:34	43.50	1:50:17	23.39	2	0:34	21	
Haus des Gastes	5.50	9:31	31.52	2	0:05	2	0:05	49.00	1:59:48	24.54	2	0:39	21	
Steinborn (VP1)	11.10	29:52	22.10	2	0:04	2	0:04	60.10	2:29:40	24.05	2	0:43	21	
Donnershagen (\	16.00	45:31	21.09	2	2:05	2	2:05	76.10	3:15:11	23.36	2	2:48	21	
Turm Silberborn	16.40	42:18	22.70	2	1:40	2	1:40	92.50	3:57:29	23.24	2	4:28	20	
□□	5.50	9:49	30.56	2	0:21	2	0:21	98.00	4:07:18	23.78	2	4:49	2	4:49