



16. Allersheimer MTB Cup

Holzminden/ Neuhaus i.S. / 06.07.2014

□□□□

Heise, Torben

□□□: 4:39:21

□□: DDMC Solling e.V.

□□: 21.05 km/h

□□: 9

□□: 98.00 km

□□□□□/□□□: 8 (of 26)

Langdistanz

□□□□□/□: 8 (of 24)

□□□□□□: 4:02:29

□□□□:

□□□□□: 2(of 4)

Herren

□□□□□□□: 4:18:53

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Steinborn (VP1) | 11.10 | 33:20 | 19.80 | 3 | 2:44 | 7 | 3:40 | 11.10 | 33:20 | 19.80 | 2 | 2:44 | 15 | |
| Donnershagen (\ | 16.00 | 47:05 | 20.39 | 3 | 3:24 | 9 | 5:25 | 27.10 | 1:20:25 | 20.15 | 2 | 6:08 | 15 | |
| Turm Silberborn | 16.40 | 46:02 | 20.85 | 3 | 5:30 | 11 | 7:40 | 43.50 | 2:06:27 | 20.40 | 2 | 11:38 | 13 | |
| Haus des Gastes | 5.50 | 10:09 | 29.56 | 2 | 0:21 | 7 | 0:43 | 49.00 | 2:16:36 | 21.52 | 2 | 11:59 | 15 | |
| Steinborn (VP1) | 11.10 | 34:42 | 19.02 | 2 | 3:07 | 7 | 4:54 | 60.10 | 2:51:18 | 21.02 | 2 | 15:06 | 15 | |
| Donnershagen (\ | 16.00 | 52:18 | 18.36 | 2 | 4:45 | 7 | 8:52 | 76.10 | 3:43:36 | 20.39 | 2 | 19:51 | 15 | |
| Turm Silberborn | 16.40 | 45:35 | 21.06 | 2 | 1:10 | 6 | 4:57 | 92.50 | 4:29:11 | 20.51 | 2 | 21:01 | 14 | |
| □□ | 5.50 | 10:10 | 29.51 | 2 | 0:14 | 6 | 0:42 | 98.00 | 4:39:21 | 21.05 | 2 | 20:28 | 8 | 36:52 |