



16. Allersheimer MTB Cup

Holzminden/ Neuhaus i.S. / 06.07.2014

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van Seumeren, Rene

□□□: 4:59:50

□□: TCW \79

□□: 19.61 km/h

□□: 20

□□: 98.00 km

□□□□□/□□□: 13 (of 26)

Langdistanz

□□□□□/□: 12 (of 24)

□□□□□□: 4:02:29

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□□□□□: 6(of 6)

Masters männlich

□□□□□□□: 4:02:29

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	34:21	19.21	6	4:41	12	4:41	11.10	34:21	19.21	6	4:41	11	
Donnershagen (\	16.00	49:53	19.24	6	8:13	12	8:13	27.10	1:24:14	19.23	6	12:53	11	
Turm Silberborn	16.40	45:21	21.17	6	6:59	9	6:59	43.50	2:09:35	19.91	6	19:52	11	
Haus des Gastes	5.50	10:02	29.90	4	0:36	5	0:36	49.00	2:19:37	21.06	6	20:28	11	
Steinborn (VP1)	11.10	34:44	19.00	5	4:56	8	4:56	60.10	2:54:21	20.65	6	25:24	11	
Donnershagen (\	16.00	57:55	16.58	6	14:29	13	14:29	76.10	3:52:16	19.63	6	39:53	11	
Turm Silberborn	16.40	55:33	17.28	6	14:55	13	14:55	92.50	4:47:49	19.18	6	54:48	10	0:44
□□	5.50	12:01	24.97	6	2:33	15	2:33	98.00	4:59:50	19.61	6	57:21	12	57:21