



16. Allersheimer MTB Cup
Holzminden/ Neuhaus i.S. / 06.07.2014

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Wall, Manja

□□□: 5:09:53

□□: RSV Bruchhausen-Vilsen

□□: 18.97 km/h

□□: 21

□□: 98.00 km

□□□□□/□□□: 15 (of 26)

Langdistanz

□□□□□/□: 2 (of 2)

□□□□□□: 4:44:08

□□□□:

□□□□□: 1(of 1)

Seniorinnen I

□□□□□□□: 5:09:53

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	37:18	17.69	1	-	2	2:56	11.10	37:18	17.69	1	-	2	2:56
Donnershagen (\	16.00	52:24	18.32	1	-	2	2:33	27.10	1:29:42	18.06	1	-	2	5:29
Turm Silberborn	16.40	49:36	19.35	1	-	2	4:15	43.50	2:19:18	18.52	1	-	2	9:44
Haus des Gastes	5.50	10:48	27.78	1	-	2	0:47	49.00	2:30:06	19.59	1	-	2	10:31
Steinborn (VP1)	11.10	39:03	16.90	1	-	2	4:21	60.10	3:09:09	19.03	1	-	2	14:52
Donnershagen (\	16.00	58:06	16.52	1	-	2	4:36	76.10	4:07:15	18.44	1	-	2	19:28
Turm Silberborn	16.40	51:41	18.57	1	-	2	5:44	92.50	4:58:56	18.47	1	-	2	25:12
□□	5.50	10:57	27.40	1	-	2	0:33	98.00	5:09:53	18.97	1	-	2	25:45