



# 16. Allersheimer MTB Cup

Holzminden/ Neuhaus i.S. / 06.07.2014

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Depping, Andreas

□□□: 5:34:48

□□: Bike-Sport-Lippe e.V.

□□: 17.56 km/h

□□: 4

□□: 98.00 km

□□□□□/□□□: 18 (of 26)

Langdistanz

□□□□□/□: 16 (of 24)

□□□□□□: 4:02:29

□□□□:

□□□□□: 4(of 9)

Senioren I

□□□□□□□: 4:34:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	39:38	16.65	6	8:49	18	9:58	11.10	39:38	16.65	6	6:13	6	3:57
Donnershagen (\	16.00	56:54	16.87	6	12:32	18	15:14	27.10	1:36:32	16.78	6	16:05	6	8:11
Turm Silberborn	16.40	51:23	18.68	6	10:09	18	13:01	43.50	2:27:55	17.44	6	21:28	6	13:14
Haus des Gastes	5.50	11:11	26.83	4	1:09	16	1:45	49.00	2:39:06	18.48	4	32:39	6	13:21
Steinborn (VP1)	11.10	44:04	14.98	6	11:33	20	14:16	60.10	3:23:10	17.72	4	44:12	6	19:57
Donnershagen (\	16.00	1:03:26	15.13	4	8:20	18	20:00	76.10	4:26:36	17.10	4	52:32	6	29:55
Turm Silberborn	16.40	56:42	16.93	3	7:30	15	16:04	92.50	5:23:18	17.07	4	1:00:02	6	36:13
□□	5.50	11:30	26.09	3	0:45	13	2:02	98.00	5:34:48	17.56	4	59:52	16	1:32:19