



16. Allersheimer MTB Cup

Holzminden/ Neuhaus i.S. / 06.07.2014

□□□□

Frank, Tobias

□□□: 5:42:06

□□: RSV Hochsolling

□□: 17.19 km/h

□□: 28

□□: 98.00 km

□□□□□/□□□: 19 (of 26)

Langdistanz

□□□□□/□: 17 (of 24)

□□□□□□: 4:02:29

□□□□:

□□□□□: 3(of 5)

Senioren II

□□□□□□□: 4:59:35

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Steinborn (VP1) | 11.10 | 40:20 | 16.36 | 4 | 5:13 | 20 | 10:40 | 11.10 | 40:20 | 16.36 | 5 | | 5 | 4:39 |
| Donnershagen (\ | 16.00 | 58:44 | 16.35 | 5 | 6:45 | 21 | 17:04 | 27.10 | 1:39:04 | 16.35 | 5 | 0:24 | 5 | 10:43 |
| Turm Silberborn | 16.40 | 53:40 | 17.89 | 4 | 5:57 | 20 | 15:18 | 43.50 | 2:32:44 | 16.89 | 5 | | 5 | 18:03 |
| Haus des Gastes | 5.50 | 11:34 | 25.94 | 3 | 0:38 | 17 | 2:08 | 49.00 | 2:44:18 | 17.89 | 5 | | 5 | 18:33 |
| Steinborn (VP1) | 11.10 | 41:14 | 16.01 | 3 | 3:46 | 16 | 11:26 | 60.10 | 3:25:32 | 17.52 | 4 | 22:19 | 5 | 22:19 |
| Donnershagen (\ | 16.00 | 1:03:20 | 15.16 | 4 | 9:52 | 17 | 19:54 | 76.10 | 4:28:52 | 16.96 | 4 | 32:11 | 5 | 32:11 |
| Turm Silberborn | 16.40 | 1:00:10 | 15.96 | 3 | 9:46 | 16 | 19:32 | 92.50 | 5:29:02 | 16.78 | 3 | 41:57 | 5 | 41:57 |
| □□ | 5.50 | 13:04 | 22.96 | 3 | 1:35 | 19 | 3:36 | 98.00 | 5:42:06 | 17.19 | 3 | 42:31 | 17 | 1:39:37 |