



# 16. Allersheimer MTB Cup

Holzminden/ Neuhaus i.S. / 06.07.2014

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Fanslau, Tobias

□□□: 5:52:27

□□: Spartakus Holtensen

□□: 16.68 km/h

□□: 5

□□: 98.00 km

□□□□□/□□□: 21 (of 26)

Langdistanz

□□□□□/□: 19 (of 24)

□□□□□□: 4:02:29

□□□□:

□□□□□: 6(of 9)

Senioren I

□□□□□□□: 4:34:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	40:47	16.33	9	9:58	24	11:07	11.10	40:47	16.33	8	7:22	3	5:06
Donnershagen (\	16.00	55:02	17.44	5	10:40	17	13:22	27.10	1:35:49	16.97	8	15:22	3	7:28
Turm Silberborn	16.40	51:00	19.29	5	9:46	17	12:38	43.50	2:26:49	17.78	8	20:22	3	12:08
Haus des Gastes	5.50	11:43	28.17	5	1:41	18	2:17	49.00	2:38:32	18.54	6	32:05	3	12:47
Steinborn (VP1)	11.10	42:04	15.83	4	9:33	18	12:16	60.10	3:20:36	17.98	6	41:38	3	17:23
Donnershagen (\	16.00	1:04:42	14.84	5	9:36	19	21:16	76.10	4:25:18	17.21	6	51:14	3	28:37
Turm Silberborn	16.40	1:09:13	14.22	7	20:01	20	28:35	92.50	5:34:31	16.59	6	1:11:15	3	47:26
□□	5.50	17:56	18.40	7	7:11	20	8:28	98.00	5:52:27	16.68	6	1:17:31	19	1:49:58