



16. Allersheimer MTB Cup  
Holzminden/ Neuhaus i.S. / 06.07.2014

□□□□

Bache, Thomas

□□□: 6:06:12

□□: Spartakus Holtensen

□□: 16.06 km/h

□□: 2

□□: 98.00 km

□□□□□/□□□: 22 (of 26)

Langdistanz

□□□□□/□: 20 (of 24)

□□□□□□: 4:02:29

□□□□:

□□□□□: 7(of 9)

Senioren I

□□□□□□□: 4:34:56

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	40:30	16.44	7	9:41	22	10:50	11.10	40:30	16.44	9	7:05	2	4:49
Donnershagen (\	16.00	1:02:17	15.41	8	17:55	23	20:37	27.10	1:42:47	15.82	9	22:20	2	14:26
Turm Silberborn	16.40	57:56	16.99	9	16:42	24	19:34	43.50	2:40:43	16.24	9	34:16	2	26:02
Haus des Gastes	5.50	12:15	26.94	7	2:13	21	2:49	49.00	2:52:58	17.00	7	46:31	2	27:13
Steinborn (VP1)	11.10	46:14	14.41	7	13:43	21	16:26	60.10	3:39:12	16.45	7	1:00:14	2	35:59
Donnershagen (\	16.00	1:12:10	13.30	7	17:04	21	28:44	76.10	4:51:22	15.67	7	1:17:18	2	54:41
Turm Silberborn	16.40	1:02:34	15.73	5	13:22	18	21:56	92.50	5:53:56	15.68	7	1:30:40	2	1:06:51
□□	5.50	12:16	26.90	5	1:31	16	2:48	98.00	6:06:12	16.06	7	1:31:16	20	2:03:43