



3. Herzog-Georg-Lauf
Meiningen / 12.07.2014

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Fritzlar, Lars

□□: Fritzlar/Schmidt - werraabwärts Runners

□□: 18

□□: 12.00 km

Hauptlauf

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 49:57

□□: 14.41 km/h

□□□□: 4:10 min/km

□□□□□/□□□: 13 (of 110)

□□□□□/□: 13 (of 79)

□□□□□□: 44:18

□□□□□: 4(of 11)

□□□□□□□: 44:47