

11. SKS Bilstein Bike Marathon Großalmerode / 20.07.2014



Kristen, Michael

□□: Kassel

□□: 186

□□: 43.00 km

Marathonstrecke kurz

Masters 1

□□□: 2:11:19

□□: 19.65 km/h

______ 90 (of 229)

______: 87 (of 217)

[][][]: 1:33:41

□□□□: 20(of 46)

____: 1:43:22

	km		km/h	-	-			km		km/h	-	-		
Vielarmiger Weg	20.20	1:08:43	17.46	22	16:36	100	21:09	20.20	1:08:43	17.46	43		87	21:09
Roßbach	4.80	14:42	16.33	23	2:33	103	3:24	25.00	1:23:25	17.98	43		87	24:33
Bilsteinturm	8.20	34:35	13.88	18	6:52	72	9:57	33.20	1:58:00	16.78	43		87	34:30
	9.00	13:19	40.55	27	3:01	116	3:22	43.00	2:11:19	19.65	20	27:57	87	37:38