



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Herklotz, René

□□: SG Stern Kassel

□□: 2013

□□: 86.00 km

Marathonstrecke mittel

□□□□:

Masters 2

□□□: 4:10:11

□□: 20.62 km/h

□□□□□/□□□: 23 (of 55)

□□□□□/□: 23 (of 49)

□□□□□□: 3:12:05

□□□□□: 8(of 20)

□□□□□□□: 3:23:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:05:31	18.32	12	15:54	34	17:43	20.20	1:05:31	18.32	12	4:15	4	
Roßbach	4.80	15:08	15.86	14	3:25	42	3:28	25.00	1:20:39	18.60	12	5:11	4	
Bilsteinturm	8.20	33:10	14.47	9	7:15	28	9:01	33.20	1:53:49	17.40	12	6:25	4	
Runde	9.00	13:28	40.10	12	2:44	37	2:45	42.20	2:07:17	19.80	12	6:47	4	
Vielarmiger Weg	20.20	1:04:35	18.58	8	12:01	23	15:44	62.40	3:11:52	19.39	12		12	
Roßbach	4.80	14:58	16.04	9	1:49	26	3:12	67.20	3:26:50	19.44	12		2	
Bilsteinturm	8.20	31:29	15.25	4	3:16	9	6:02	75.40	3:58:19	18.88	11		2	
□□	9.00	11:52	45.51	6	0:58	17	2:00	86.00	4:10:11	20.62	8	46:28	23	58:06