



# 11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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**Buttiens, Heidi**

□□□: 4:29:09

□□: www.REEVAX.be

□□: 19.17 km/h

□□: 2004

□□: 86.00 km

□□□□□/□□□: 30 (of 55)

Marathonstrecke mittel

□□□□□/□: 2 (of 6)

□□□□□□: 4:24:20

□□□□:

□□□□□: 2(of 5)

Seniorinnen 1

□□□□□□□: 4:24:20

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:07:51	17.69	2	2:11	2	2:11	20.20	1:07:51	17.69	2	2:11	2	2:11
Roßbach	4.80	15:12	15.79	3	1:03	3	1:03	25.00	1:23:03	18.06	2	2:26	2	2:26
Bilsteinturm	8.20	36:35	13.12	3	2:01	3	2:01	33.20	1:59:38	16.55	2	4:05	2	4:05
Runde	9.00	13:03	41.38	2	0:02	2	0:02	42.20	2:12:41	18.99	2	3:50	2	3:50
Vielarmiger Weg	20.20	1:11:25	16.80	2	0:25	2	0:25	62.40	3:24:06	18.23	2	4:15	2	4:15
Roßbach	4.80	15:15	15.74	1	-	1	-	67.20	3:39:21	18.33	2	4:01	2	4:01
Bilsteinturm	8.20	36:36	13.11	2	0:45	2	0:45	75.40	4:15:57	17.58	2	4:46	2	4:46
□□	9.00	13:12	40.91	2	0:03	2	0:03	86.00	4:29:09	19.17	2	4:49	2	4:49