



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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kunold, frank

□□□: 4:38:44

□□: mtb verein zierenberg

□□: 18.51 km/h

□□: 2018

□□: 86.00 km

□□□□□/□□□: 34 (of 55)

Marathonstrecke mittel

□□□□□/□: 32 (of 49)

□□□□□□: 3:12:05

□□□□:

□□□□□: 11(of 20)

Masters 2

□□□□□□□: 3:23:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:08:49	17.61	15	19:12	39	21:01	20.20	1:08:49	17.61	9	7:33	1	-
Roßbach	4.80	15:10	18.99	15	3:27	43	3:30	25.00	1:23:59	17.86	9	8:31	1	-
Bilsteinturm	8.20	37:07	13.26	15	11:12	41	12:58	33.20	2:01:06	16.45	9	13:42	1	-
Runde	9.00	13:23	40.35	11	2:39	36	2:40	42.20	2:14:29	18.83	9	13:59	1	-
Vielarmiger Weg	20.20	1:17:12	15.70	14	24:38	35	28:21	62.40	3:31:41	17.69	9	9:47	11	4:21
Roßbach	4.80	15:54	18.11	11	2:45	29	4:08	67.20	3:47:35	17.72	9	8:35	11	2:39
Bilsteinturm	8.20	38:24	12.81	10	10:11	28	12:57	75.40	4:25:59	17.01	8	22:37	11	
□□	9.00	12:45	42.35	10	1:51	28	2:53	86.00	4:38:44	18.51	11	1:15:01	32	1:26:39