



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Morth, Karl-Heinz

□□□: 4:39:01

□□: Witzenhausen

□□: 18.49 km/h

□□: 2025

□□: 86.00 km

□□□□□/□□□: 35 (of 55)

Marathonstrecke mittel

□□□□□/□: 33 (of 49)

□□□□□□: 3:12:05

□□□□:

□□□□□: 8(of 11)

Masters 3

□□□□□□□: 3:45:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:05:46	18.25	6	10:53	36	17:58	20.20	1:05:46	18.25	8	10:53	15	
Roßbach	4.80	14:52	16.14	8	2:17	38	3:12	25.00	1:20:38	18.60	8	13:10	15	
Bilsteinturm	8.20	35:53	13.38	7	7:31	33	11:44	33.20	1:56:31	16.99	8	20:41	15	
Runde	9.00	13:29	40.05	9	1:55	39	2:46	42.20	2:10:00	19.38	8	22:04	15	
Vielarmiger Weg	20.20	1:17:20	15.52	8	17:40	37	28:29	62.40	3:27:20	17.94	8	39:44	1	-
Roßbach	4.80	17:36	13.64	11	4:05	41	5:50	67.20	3:44:56	17.87	8	43:49	1	-
Bilsteinturm	8.20	41:48	11.48	8	9:54	37	16:21	75.40	4:26:44	16.87	8	53:11	1	-
□□	9.00	12:17	43.96	5	0:29	23	2:25	86.00	4:39:01	18.49	8	53:18	33	1:26:56