



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Leu, Stephan

□□: LG Kaufungen

□□: 2020

□□: 86.00 km

Marathonstrecke mittel

□□□□:

Masters 2

□□□: 4:39:46

□□: 18.44 km/h

□□□□□/□□□: 37 (of 55)

□□□□□/□: 35 (of 49)

□□□□□□: 3:12:05

□□□□□: 13(of 20)

□□□□□□□: 3:23:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:08:53	17.42	17	19:16	41	21:05	20.20	1:08:53	17.42	7	7:37	17	0:04
Roßbach	4.80	14:37	16.42	12	2:54	35	2:57	25.00	1:23:30	17.96	7	8:02	17	
Bilsteinturm	8.20	36:18	13.22	13	10:23	35	12:09	33.20	1:59:48	16.53	7	12:24	17	
Runde	9.00	12:32	43.09	8	1:48	27	1:49	42.20	2:12:20	19.04	7	11:50	17	
Vielarmiger Weg	20.20	1:16:13	15.74	12	23:39	33	27:22	62.40	3:28:33	17.84	7	6:39	14	1:13
Roßbach	4.80	17:36	13.64	17	4:27	41	5:50	67.20	3:46:09	17.78	7	7:09	14	1:13
Bilsteinturm	8.20	40:39	11.81	12	12:26	33	15:12	75.40	4:26:48	16.87	6	23:26	14	0:04
□□	9.00	12:58	41.65	11	2:04	30	3:06	86.00	4:39:46	18.44	13	1:16:03	35	1:27:41