



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Braun, Christine

□□□: 4:41:29

□□: Alheim

□□: 18.33 km/h

□□: 2061

□□: 86.00 km

□□□□□/□□□: 38 (of 55)

Marathonstrecke mittel

□□□□□/□: 3 (of 6)

□□□□□□: 4:24:20

□□□□:

□□□□□: 3(of 5)

Seniorinnen 1

□□□□□□□: 4:24:20

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:08:50	17.61	3	3:10	3	3:10	20.20	1:08:50	17.61	3	3:10	3	3:10
Roßbach	4.80	15:34	18.50	4	1:25	4	1:25	25.00	1:24:24	17.77	3	3:47	3	3:47
Bilsteinturm	8.20	36:59	13.30	4	2:25	4	2:25	33.20	2:01:23	16.41	3	5:50	3	5:50
Runde	9.00	14:02	38.48	4	1:01	4	1:01	42.20	2:15:25	18.70	3	6:34	3	6:34
Vielarmiger Weg	20.20	1:16:08	15.92	3	5:08	3	5:08	62.40	3:31:33	17.70	3	11:42	3	11:42
Roßbach	4.80	16:43	17.23	4	1:28	4	1:28	67.20	3:48:16	17.66	3	12:56	3	12:56
Bilsteinturm	8.20	39:20	12.51	3	3:29	3	3:29	75.40	4:27:36	16.91	3	16:25	3	16:25
□□	9.00	13:53	38.90	3	0:44	4	0:44	86.00	4:41:29	18.33	3	17:09	3	17:09