



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Schwarz, Horst

□□: MTB-Verein Zierenberg

□□: 2035

□□: 86.00 km

Marathonstrecke mittel

□□□□:

Masters 3

□□□: 4:53:14

□□: 17.60 km/h

□□□□□/□□□: 44 (of 55)

□□□□□/□: 40 (of 49)

□□□□□□: 3:12:05

□□□□□: 9(of 11)

□□□□□□□: 3:45:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:14:12	16.17	10	19:19	47	26:24	20.20	1:14:12	16.17	9	19:19	22	5:23
Roßbach	4.80	15:00	16.00	10	2:25	40	3:20	25.00	1:29:12	16.82	9	21:44	22	5:13
Bilsteinturm	8.20	38:37	12.43	11	10:15	45	14:28	33.20	2:07:49	15.49	9	31:59	22	6:43
Runde	9.00	13:00	41.54	6	1:26	31	2:17	42.20	2:20:49	17.90	9	32:53	22	6:20
Vielarmiger Weg	20.20	1:19:34	15.08	9	19:54	41	30:43	62.40	3:40:23	16.88	9	52:47	19	13:03
Roßbach	4.80	16:21	14.68	6	2:50	31	4:35	67.20	3:56:44	16.98	9	55:37	19	11:48
Bilsteinturm	8.20	42:34	11.28	9	10:40	38	17:07	75.40	4:39:18	16.11	9	1:05:45	19	12:34
□□	9.00	13:56	38.76	9	2:08	35	4:04	86.00	4:53:14	17.60	9	1:07:31	40	1:41:09