



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Bekkenk, Ramses

□□: Koga kmc Mitsubishi
 □□: 1017

□□: 129.00 km
 Marathonstrecke lang

□□□□:
 Masters 1

□□□: 4:53:37

□□: 26.36 km/h

□□□□□/□□□: 2 (of 17)

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□□□□□□: 4:41:24

□□□□□: 1(of 5)

□□□□□□□: 4:53:37

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Vielarmiger Weg | 20.20 | 47:47 | 25.36 | 1 | - | 1 | - | 20.20 | 47:47 | 25.36 | 2 | - | 16 | |
| Roßbach | 4.80 | 12:08 | 23.74 | 4 | 0:25 | 7 | 0:25 | 25.00 | 59:55 | 25.03 | 2 | - | 16 | |
| Bilsteinturm | 8.20 | 24:09 | 20.37 | 1 | - | 2 | 0:03 | 33.20 | 1:24:04 | 23.70 | 2 | - | 16 | |
| Runde | 9.00 | 10:46 | 50.15 | 1 | - | 2 | 0:06 | 42.20 | 1:34:50 | 26.70 | 2 | - | 16 | |
| Vielarmiger Weg | 20.20 | 48:51 | 24.81 | 1 | - | 1 | - | 62.40 | 2:23:41 | 26.06 | 1 | - | 2 | |
| Roßbach | 4.80 | 11:44 | 24.55 | 1 | - | 1 | - | 67.20 | 2:35:25 | 25.94 | 1 | - | 2 | |
| Bilsteinturm | 8.20 | 24:40 | 19.95 | 1 | - | 2 | 1:52 | 75.40 | 3:00:05 | 25.12 | 1 | - | 2 | 1:50 |
| Runde | 9.00 | 10:37 | 50.86 | 1 | - | 2 | 0:49 | 84.40 | 3:10:42 | 26.55 | 1 | - | 2 | 2:39 |
| Vielarmiger Weg | 20.20 | 51:56 | 23.34 | 1 | - | 2 | 4:41 | 104.60 | 4:02:38 | 25.87 | 1 | - | 2 | 7:20 |
| Roßbach | 4.80 | 12:34 | 22.92 | 1 | - | 2 | 1:05 | 109.40 | 4:15:12 | 25.72 | 1 | - | 2 | 8:25 |
| Bilsteinturm | 8.20 | 27:29 | 17.90 | 1 | - | 2 | 2:55 | 117.60 | 4:42:41 | 24.96 | 1 | - | 2 | 11:20 |
| □□ | 9.00 | 10:56 | 49.39 | 2 | 0:05 | 4 | 0:53 | 129.00 | 4:53:37 | 26.36 | 1 | - | 2 | 12:13 |