



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Bekkenk, Ramses

□□: Koga kmc Mitsubishi
 □□: 1017

□□: 129.00 km
 Marathonstrecke lang

□□□□:
 Masters 1

□□□: 4:53:37

□□: 26.36 km/h

□□□□□/□□□: 2 (of 17)

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□□□□□□: 4:41:24

□□□□□: 1(of 5)

□□□□□□□: 4:53:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	47:47	25.11	1	-	1	-	20.20	47:47	25.11	2	-	16	
Roßbach	4.80	12:08	19.78	4	0:25	7	0:25	25.00	59:55	25.03	2	-	16	
Bilsteinturm	8.20	24:09	19.88	1	-	2	0:03	33.20	1:24:04	23.55	2	-	16	
Runde	9.00	10:46	50.15	1	-	2	0:06	42.20	1:34:50	26.57	2	-	16	
Vielarmiger Weg	20.20	48:51	24.56	1	-	1	-	62.40	2:23:41	25.89	1	-	2	
Roßbach	4.80	11:44	20.45	1	-	1	-	67.20	2:35:25	25.87	1	-	2	
Bilsteinturm	8.20	24:40	19.46	1	-	2	1:52	75.40	3:00:05	24.99	1	-	2	1:50
Runde	9.00	10:37	50.86	1	-	2	0:49	84.40	3:10:42	26.43	1	-	2	2:39
Vielarmiger Weg	20.20	51:56	23.11	1	-	2	4:41	104.60	4:02:38	25.72	1	-	2	7:20
Roßbach	4.80	12:34	19.10	1	-	2	1:05	109.40	4:15:12	25.63	1	-	2	8:25
Bilsteinturm	8.20	27:29	17.47	1	-	2	2:55	117.60	4:42:41	24.83	1	-	2	11:20
□□	9.00	10:56	49.39	2	0:05	4	0:53	129.00	4:53:37	26.36	1	-	2	12:13