



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Rockmann, Jutta

□□: MTV Kronberg

□□: 2049

□□: 86.00 km

Marathonstrecke mittel

□□□□:

Seniorinnen 1

□□□: 5:00:45

□□: 17.16 km/h

□□□□□/□□□: 46 (of 55)

□□□□□/□: 5 (of 6)

□□□□□□: 4:24:20

□□□□□: 5(of 5)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:13:24	16.35	5	7:44	5	7:44	20.20	1:13:24	16.35	5	7:44	5	7:44
Roßbach	4.80	14:09	16.96	1	-	1	-	25.00	1:27:33	17.13	5	6:56	5	6:56
Bilsteinturm	8.20	34:34	13.89	1	-	1	-	33.20	2:02:07	16.21	5	6:34	5	6:34
Runde	9.00	13:01	41.49	1	-	1	-	42.20	2:15:08	18.65	5	6:17	5	6:17
Vielarmiger Weg	20.20	1:31:55	13.06	5	20:55	6	20:55	62.40	3:47:03	16.38	5	27:12	5	27:12
Roßbach	4.80	17:02	14.09	5	1:47	5	1:47	67.20	4:04:05	16.47	5	28:45	5	28:45
Bilsteinturm	8.20	41:50	11.47	4	5:59	4	5:59	75.40	4:45:55	15.74	5	34:44	5	34:44
□□	9.00	14:50	36.40	4	1:41	5	1:41	86.00	5:00:45	17.16	5	36:25	5	36:25