



# 11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Rockmann, Jutta

□□: MTV Kronberg

□□: 2049

□□: 86.00 km

Marathonstrecke mittel

□□□□:

Seniorinnen 1

□□□: 5:00:45

□□: 17.16 km/h

□□□□□/□□□: 46 (of 55)

□□□□□/□: 5 (of 6)

□□□□□□: 4:24:20

□□□□□: 5(of 5)

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| □□□             | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Vielarmiger Weg | 20.20    | 1:13:24  | 16.51      | 5       | 7:44    | 5       | 7:44    | 20.20     | 1:13:24   | 16.51       | 5       | 7:44    | 5       | 7:44    |
| Roßbach         | 4.80     | 14:09    | 20.35      | 1       | -       | 1       | -       | 25.00     | 1:27:33   | 17.13       | 5       | 6:56    | 5       | 6:56    |
| Bilsteinturm    | 8.20     | 34:34    | 14.23      | 1       | -       | 1       | -       | 33.20     | 2:02:07   | 16.31       | 5       | 6:34    | 5       | 6:34    |
| Runde           | 9.00     | 13:01    | 41.49      | 1       | -       | 1       | -       | 42.20     | 2:15:08   | 18.74       | 5       | 6:17    | 5       | 6:17    |
| Vielarmiger Weg | 20.20    | 1:31:55  | 13.19      | 5       | 20:55   | 6       | 20:55   | 62.40     | 3:47:03   | 16.49       | 5       | 27:12   | 5       | 27:12   |
| Roßbach         | 4.80     | 17:02    | 16.91      | 5       | 1:47    | 5       | 1:47    | 67.20     | 4:04:05   | 16.52       | 5       | 28:45   | 5       | 28:45   |
| Bilsteinturm    | 8.20     | 41:50    | 11.76      | 4       | 5:59    | 4       | 5:59    | 75.40     | 4:45:55   | 15.82       | 5       | 34:44   | 5       | 34:44   |
| □□              | 9.00     | 14:50    | 36.40      | 4       | 1:41    | 5       | 1:41    | 86.00     | 5:00:45   | 17.16       | 5       | 36:25   | 5       | 36:25   |