



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Sandmann, Wolf-Peter

□□□: 5:04:33

□□: MTV-Kronberg Triathlon

□□: 16.94 km/h

□□: 2050

□□: 86.00 km

□□□□□/□□□: 47 (of 55)

Marathonstrecke mittel

□□□□□/□: 42 (of 49)

□□□□□□: 3:12:05

□□□□:

□□□□□: 11(of 11)

Masters 3

□□□□□□□: 3:45:43

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:14:27	16.12	11	19:34	48	26:39	20.20	1:14:27	16.12	11	19:34	25	5:38
Roßbach	4.80	14:51	16.16	7	2:16	37	3:11	25.00	1:29:18	16.80	11	21:50	25	5:19
Bilsteinturm	8.20	36:39	13.10	9	8:17	39	12:30	33.20	2:05:57	15.72	11	30:07	25	4:51
Runde	9.00	13:49	39.08	11	2:15	42	3:06	42.20	2:19:46	18.03	11	31:50	25	5:17
Vielarmiger Weg	20.20	1:27:19	13.74	11	27:39	44	38:28	62.40	3:47:05	16.38	11	59:29	22	19:45
Roßbach	4.80	17:01	14.10	9	3:30	37	5:15	67.20	4:04:06	16.47	11	1:02:59	22	19:10
Bilsteinturm	8.20	44:45	10.73	11	12:51	41	19:18	75.40	4:48:51	15.58	11	1:15:18	21	22:07
□□	9.00	15:42	34.39	11	3:54	41	5:50	86.00	5:04:33	16.94	11	1:18:50	42	1:52:28