



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Wietzorek, Sonja

□□: Prowell Germany

□□: 2045

□□: 86.00 km

Marathonstrecke mittel

□□□□:

Seniorinnen 2

□□□: 5:07:49

□□: 16.76 km/h

□□□□□/□□□: 48 (of 55)

□□□□□/□: 6 (of 6)

□□□□□□: 4:24:20

□□□□□: 1(of 1)

□□□□□□□: 5:07:49

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	1:15:25	16.07	1	-	6	9:45	20.20	1:15:25	16.07	1	-	6	9:45
Roßbach	4.80	15:59	18.02	1	-	6	1:50	25.00	1:31:24	16.41	1	-	6	10:47
Bilsteinturm	8.20	40:30	12.15	1	-	6	5:56	33.20	2:11:54	15.10	1	-	6	16:21
Runde	9.00	14:06	38.30	1	-	5	1:05	42.20	2:26:00	17.34	1	-	6	17:09
Vielarmiger Weg	20.20	1:24:55	14.27	1	-	5	13:55	62.40	3:50:55	16.21	1	-	6	31:04
Roßbach	4.80	17:22	16.58	1	-	6	2:07	67.20	4:08:17	16.24	1	-	6	32:57
Bilsteinturm	8.20	45:41	10.77	1	-	6	9:50	75.40	4:53:58	15.39	1	-	6	42:47
□□	9.00	13:51	38.99	1	-	3	0:42	86.00	5:07:49	16.76	1	-	6	43:29