



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Messerschmidt, Lars

00: mtb11.de Racing Team

00: 1004

00: 129.00 km

Marathonstrecke lang

0000:

Masters 1

000: 5:13:06

00: 24.72 km/h

00000/000: 4 (of 17)

00000/0: 4 (of 17)

000000: 4:41:24

00000: 2(of 5)

0000000: 4:53:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Vielarmiger Weg	20.20	50:41	23.68	4	2:54	6	2:54	20.20	50:41	23.68	3		14	0:03
Roßbach	4.80	11:43	20.48	1	-	1	-	25.00	1:02:24	24.04	3		14	
Bilsteinturm	8.20	27:01	17.77	4	2:52	6	2:55	33.20	1:29:25	22.14	3		14	0:09
Runde	9.00	11:04	48.80	3	0:18	6	0:24	42.20	1:40:29	25.08	3		14	
Vielarmiger Weg	20.20	53:23	22.48	3	4:32	4	4:32	62.40	2:33:52	24.18	2	10:11	4	10:10
Roßbach	4.80	13:01	18.44	3	1:17	5	1:17	67.20	2:46:53	24.09	2	11:28	4	11:26
Bilsteinturm	8.20	27:29	17.47	4	2:49	6	4:41	75.40	3:14:22	23.15	2	14:17	4	16:07
Runde	9.00	11:01	49.02	2	0:24	4	1:13	84.40	3:25:23	24.54	2	14:41	4	17:20
Vielarmiger Weg	20.20	55:25	21.65	3	3:29	4	8:10	104.60	4:20:48	23.93	2	18:10	4	25:30
Roßbach	4.80	12:58	18.51	2	0:24	3	1:29	109.40	4:33:46	23.89	2	18:34	3	26:59
Bilsteinturm	8.20	28:29	16.85	2	1:00	4	3:55	117.60	5:02:15	23.23	2	19:34	4	30:54
00	9.00	10:51	49.77	1	-	3	0:48	129.00	5:13:06	24.72	2	19:29	4	31:42