



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Messerschmidt, Lars

00: mtb11.de Racing Team

00: 1004

00: 129.00 km

Marathonstrecke lang

0000:

Masters 1

000: 5:13:06

00: 24.72 km/h

00000/000: 4 (of 17)

00000/0: 4 (of 17)

000000: 4:41:24

00000: 2(of 5)

0000000: 4:53:37

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000

| 000 | 00 km | 00 00 | 00 km/h | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 00 | 000 km/h | 00 - | 00 - | 00 0 | 00 0 |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Vielarmiger Weg | 20.20 | 50:41 | 23.68 | 4 | 2:54 | 6 | 2:54 | 20.20 | 50:41 | 23.68 | 3 | | 14 | 0:03 |
| Roßbach | 4.80 | 11:43 | 20.48 | 1 | - | 1 | - | 25.00 | 1:02:24 | 24.04 | 3 | | 14 | |
| Bilsteinturm | 8.20 | 27:01 | 17.77 | 4 | 2:52 | 6 | 2:55 | 33.20 | 1:29:25 | 22.14 | 3 | | 14 | 0:09 |
| Runde | 9.00 | 11:04 | 48.80 | 3 | 0:18 | 6 | 0:24 | 42.20 | 1:40:29 | 25.08 | 3 | | 14 | |
| Vielarmiger Weg | 20.20 | 53:23 | 22.48 | 3 | 4:32 | 4 | 4:32 | 62.40 | 2:33:52 | 24.18 | 2 | 10:11 | 4 | 10:10 |
| Roßbach | 4.80 | 13:01 | 18.44 | 3 | 1:17 | 5 | 1:17 | 67.20 | 2:46:53 | 24.09 | 2 | 11:28 | 4 | 11:26 |
| Bilsteinturm | 8.20 | 27:29 | 17.47 | 4 | 2:49 | 6 | 4:41 | 75.40 | 3:14:22 | 23.15 | 2 | 14:17 | 4 | 16:07 |
| Runde | 9.00 | 11:01 | 49.02 | 2 | 0:24 | 4 | 1:13 | 84.40 | 3:25:23 | 24.54 | 2 | 14:41 | 4 | 17:20 |
| Vielarmiger Weg | 20.20 | 55:25 | 21.65 | 3 | 3:29 | 4 | 8:10 | 104.60 | 4:20:48 | 23.93 | 2 | 18:10 | 4 | 25:30 |
| Roßbach | 4.80 | 12:58 | 18.51 | 2 | 0:24 | 3 | 1:29 | 109.40 | 4:33:46 | 23.89 | 2 | 18:34 | 3 | 26:59 |
| Bilsteinturm | 8.20 | 28:29 | 16.85 | 2 | 1:00 | 4 | 3:55 | 117.60 | 5:02:15 | 23.23 | 2 | 19:34 | 4 | 30:54 |
| 00 | 9.00 | 10:51 | 49.77 | 1 | - | 3 | 0:48 | 129.00 | 5:13:06 | 24.72 | 2 | 19:29 | 4 | 31:42 |