



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Planckaert, Hans

□□: Smart Cycling Team

□□: 1007

□□: 129.00 km

Marathonstrecke lang

□□□□:

Masters 2

□□□: 5:22:53

□□: 23.97 km/h

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□□□□□□: 4:41:24

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□□□□□□□: 5:22:53

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	50:44	23.65	1	-	7	2:57	20.20	50:44	23.65	1	-	13	0:06
Roßbach	4.80	11:46	20.40	1	-	3	0:03	25.00	1:02:30	24.00	1	-	13	
Bilsteinturm	8.20	28:12	17.02	1	-	8	4:06	33.20	1:30:42	21.83	1	-	13	1:26
Runde	9.00	10:40	50.63	1	-	1	-	42.20	1:41:22	24.86	1	-	13	0:47
Vielarmiger Weg	20.20	54:12	22.14	1	-	7	5:21	62.40	2:35:34	23.91	1	-	5	11:52
Roßbach	4.80	12:18	19.51	1	-	3	0:34	67.20	2:47:52	23.95	1	-	5	12:25
Bilsteinturm	8.20	28:15	16.99	1	-	7	5:27	75.40	3:16:07	22.95	1	-	5	17:52
Runde	9.00	11:04	48.80	1	-	5	1:16	84.40	3:27:11	24.33	1	-	5	19:08
Vielarmiger Weg	20.20	58:38	20.47	1	-	6	11:23	104.60	4:25:49	23.47	1	-	5	30:31
Roßbach	4.80	13:32	17.73	1	-	5	2:03	109.40	4:39:21	23.41	1	-	5	32:34
Bilsteinturm	8.20	32:08	14.94	1	-	7	7:34	117.60	5:11:29	22.54	1	-	5	40:08
□□	9.00	11:24	47.37	1	-	5	1:21	129.00	5:22:53	23.97	1	-	5	41:29