



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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De Groote, Tom

□□: Smart Cycling Team

□□: 1016

□□: 129.00 km

Marathonstrecke lang

□□□□:

Masters 1

□□□: 5:25:35

□□: 23.77 km/h

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□□□□□□: 4:41:24

□□□□□: 3(of 5)

□□□□□□□: 4:53:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	50:40	23.68	3	2:53	5	2:53	20.20	50:40	23.68	4		12	0:02
Roßbach	4.80	11:45	20.43	2	0:02	2	0:02	25.00	1:02:25	24.03	4		12	
Bilsteinturm	8.20	26:57	17.81	3	2:48	4	2:51	33.20	1:29:22	22.16	4		12	0:06
Runde	9.00	10:57	49.32	2	0:11	5	0:17	42.20	1:40:19	25.12	4		12	
Vielarmiger Weg	20.20	53:34	22.40	4	4:43	6	4:43	62.40	2:33:53	24.17	3	10:12	6	10:11
Roßbach	4.80	13:30	17.78	4	1:46	9	1:46	67.20	2:47:23	24.02	3	11:58	6	11:56
Bilsteinturm	8.20	27:21	17.55	2	2:41	3	4:33	75.40	3:14:44	23.11	3	14:39	6	16:29
Runde	9.00	11:43	46.09	4	1:06	7	1:55	84.40	3:26:27	24.41	3	15:45	6	18:24
Vielarmiger Weg	20.20	1:00:08	19.96	4	8:12	7	12:53	104.60	4:26:35	23.41	3	23:57	6	31:17
Roßbach	4.80	14:13	16.88	3	1:39	9	2:44	109.40	4:40:48	23.29	3	25:36	6	34:01
Bilsteinturm	8.20	33:10	14.47	4	5:41	10	8:36	117.60	5:13:58	22.36	3	31:17	6	42:37
□□	9.00	11:37	46.48	3	0:46	6	1:34	129.00	5:25:35	23.77	3	31:58	6	44:11