



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Knape, Martin

□□: Panoramic-Stevens

□□: 1019

□□: 129.00 km

Marathonstrecke lang

□□□□:

Masters 1

□□□: 5:47:31

□□: 22.27 km/h

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□□□□□□: 4:41:24

□□□□□: 4(of 5)

□□□□□□□: 4:53:37

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	50:38	23.70	2	2:51	4	2:51	20.20	50:38	23.70	5		1	-
Roßbach	4.80	11:55	20.14	3	0:12	5	0:12	25.00	1:02:33	23.98	5		1	-
Bilsteinturm	8.20	26:43	17.97	2	2:34	3	2:37	33.20	1:29:16	22.18	5		1	-
Runde	9.00	11:19	47.72	4	0:33	8	0:39	42.20	1:40:35	25.05	5		1	-
Vielarmiger Weg	20.20	53:19	22.51	2	4:28	3	4:28	62.40	2:33:54	24.17	4	10:13	8	10:12
Roßbach	4.80	13:00	18.46	2	1:16	4	1:16	67.20	2:46:54	24.09	4	11:29	8	11:27
Bilsteinturm	8.20	27:22	17.54	3	2:42	4	4:34	75.40	3:14:16	23.16	4	14:11	8	16:01
Runde	9.00	11:16	47.93	3	0:39	6	1:28	84.40	3:25:32	24.52	4	14:50	8	17:29
Vielarmiger Weg	20.20	55:15	21.72	2	3:19	3	8:00	104.60	4:20:47	23.93	4	18:09	8	25:29
Roßbach	4.80	43:22	5.53	4	30:48	16	31:53	109.40	5:04:09	21.50	4	48:57	8	57:22
Bilsteinturm	8.20	30:35	15.69	3	3:06	5	6:01	117.60	5:34:44	20.97	4	52:03	8	1:03:23
□□	9.00	12:47	42.24	4	1:56	14	2:44	129.00	5:47:31	22.27	4	53:54	8	1:06:07