



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

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Hendriksen, Wohter

□□□: 5:50:10

□□: RTV de Zwa'nwen

□□: 22.10 km/h

□□: 1021

□□: 129.00 km

□□□□□/□□□: 9 (of 17)

Marathonstrecke lang

□□□□□/□: 9 (of 17)

□□□□□□: 4:41:24

□□□□:

□□□□□: 4(of 5)

Herren

□□□□□□□: 4:41:24

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	54:49	21.89	3	7:00	8	7:02	20.20	54:49	21.89	4	7:00	9	4:11
Roßbach	4.80	12:35	19.07	3	0:49	8	0:52	25.00	1:07:24	22.26	4	7:29	9	4:51
Bilsteinturm	8.20	28:18	16.96	4	4:12	9	4:12	33.20	1:35:42	20.69	4	11:41	9	6:26
Runde	9.00	11:09	48.43	3	0:22	7	0:29	42.20	1:46:51	23.58	3	12:03	9	6:16
Vielarmiger Weg	20.20	59:01	20.33	4	10:07	9	10:10	62.40	2:45:52	22.43	4	22:10	9	22:10
Roßbach	4.80	13:14	18.14	3	1:29	7	1:30	67.20	2:59:06	22.45	4	23:39	9	23:39
Bilsteinturm	8.20	32:04	14.97	5	9:16	11	9:16	75.40	3:31:10	21.31	4	32:55	9	32:55
Runde	9.00	13:22	40.40	4	3:34	14	3:34	84.40	3:44:32	22.45	4	36:29	9	36:29
Vielarmiger Weg	20.20	1:03:43	18.83	3	16:28	9	16:28	104.60	4:48:15	21.65	4	52:57	9	52:57
Roßbach	4.80	14:12	16.90	3	2:43	8	2:43	109.40	5:02:27	21.62	4	55:40	9	55:40
Bilsteinturm	8.20	35:35	13.49	5	11:01	13	11:01	117.60	5:38:02	20.77	4	1:06:41	9	1:06:41
□□	9.00	12:08	44.51	3	2:05	7	2:05	129.00	5:50:10	22.10	4	1:08:46	9	1:08:46