



11. SKS Bilstein Bike Marathon

Großalmerode / 20.07.2014

□□□□

Wangerow, Boris

□□: Gießen

□□: 1014

□□: 129.00 km

Marathonstrecke lang

□□□□:

Herren

□□□: 6:04:27

□□: 21.24 km/h

□□□□□/□□□: 11 (of 17)

□□□□□/□: 11 (of 17)

□□□□□□: 4:41:24

□□□□□: 5(of 5)

□□□□□□□: 4:41:24

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	58:07	20.65	5	10:18	11	10:20	20.20	58:07	20.65	5	10:18	7	7:29
Roßbach	4.80	13:57	17.20	5	2:11	15	2:14	25.00	1:12:04	20.81	5	12:09	7	9:31
Bilsteinturm	8.20	31:29	15.25	5	7:23	14	7:23	33.20	1:43:33	19.12	5	19:32	7	14:17
Runde	9.00	12:13	44.20	5	1:26	14	1:33	42.20	1:55:46	21.77	5	20:58	7	15:11
Vielarmiger Weg	20.20	1:03:09	19.00	5	14:15	12	14:18	62.40	2:58:55	20.79	5	35:13	11	35:13
Roßbach	4.80	14:02	17.10	5	2:17	12	2:18	67.20	3:12:57	20.83	5	37:30	11	37:30
Bilsteinturm	8.20	31:58	15.02	4	9:10	10	9:10	75.40	3:44:55	20.01	5	46:40	11	46:40
Runde	9.00	12:50	42.08	3	3:02	12	3:02	84.40	3:57:45	21.20	5	49:42	11	49:42
Vielarmiger Weg	20.20	1:06:16	18.11	5	19:01	11	19:01	104.60	5:04:01	20.53	5	1:08:43	11	1:08:43
Roßbach	4.80	14:34	16.48	5	3:05	12	3:05	109.40	5:18:35	20.53	5	1:11:48	11	1:11:48
Bilsteinturm	8.20	33:08	14.49	4	8:34	9	8:34	117.60	5:51:43	19.96	5	1:20:22	11	1:20:22
□□	9.00	12:44	42.41	5	2:41	13	2:41	129.00	6:04:27	21.24	5	1:23:03	11	1:23:03