



11. Triathlon Lorsch

Lorsch / 10.08.2014

0000

Sabitzer, Kevin

000: 1:15:06

00: MTG Mannheim Triathlon

00: 6

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

0000:

männliche AK 1 (TM 20)

00000/000: 75 (of 313)

00000/0: 69 (of 231)

000000: 58:01

00000: 6(of 11)

0000000: 58:01

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Schwimmen nett	0.50	10:08	2.96	7	3:05	67	3:05	0.50	10:08	2.96	1	-	13	0:30
Wechsel S->R	-	2:14	-	8	1:06	66	1:06	0.50	12:22	2.43	1	-	13	0:30
Schwimmen 000	0.50	12:22	2.43	1	-	13	0:30	0.50	12:22	2.43	1	-	13	0:30
ZZ Rad	5.75	7:52	43.86	6	1:04	77	1:26	6.25	20:14	18.53	1	-	5	1:00
ZZ Rad	4.25	10:28	24.36	6	1:13	48	1:13	10.50	30:42	20.52	1	-	5	1:23
ZZ Rad	4.25	10:22	24.60	5	1:03	40	1:03	14.75	41:04	21.55	1	-	5	1:44
Rad Ziel	5.75	8:14	41.90	6	0:57	53	3:37	20.50	49:18	24.95	1	-	12	2:10
Rad 0	20.00	36:56	32.49	7	14:07	55	18:47	20.50	49:18	24.95	1	-	12	2:10
Wechsel R->L	-	1:00	-	8	0:28	92	0:31	20.50	50:18	24.45	1	-	13	2:14
Rad 000	20.00	37:56	31.63	7	13:25	53	17:44	20.50	50:18	24.45	1	-	13	2:14
ZZ Lauf	2.50	11:58	12.53	9	3:59	114	3:59	23.00	1:02:16	22.16	1	-	13	5:21
Lauf Ziel	2.50	12:50	11.69	10	4:10	138	4:17	25.50	1:15:06	20.37	6	17:05	69	17:05
Lauf 000	5.00	24:48	12.10	9	8:09	124	8:09	25.50	1:15:06	20.37	6	17:05	69	17:05