



11. Triathlon Lorsch

Lorsch / 10.08.2014

0000

Walita, Tim

000: 1:11:12

00: LF Naheland Triathlon

00: 323

00: 25.50 km

Lorscher Triathlon 0,5-20,0-5,0

00000/000: 43 (of 313)

00000/0: 40 (of 231)

000000: 58:01

0000:

00000: 2(of 2)

männliche Jugend A (TM 16/17)

0000000: 1:08:13

0000

0000

000

000	00 km	00 00	00 km/h	00 -	00 -	00 0	00 0	000	000 km	000 00	000 km/h	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	8:26	3.56	2	0:44	11	1:23	0.50	8:26	3.56	2	0:44		232	
Wechsel S->R	-	1:20	-	1	-	2	0:12	0.50	9:46	3.07	2			232	
Schwimmen 000	0.50	9:46	3.07	2			232	0.50	9:46	3.07	2			232	
ZZ Rad	5.75	7:15	47.59	1	-	21	0:49	6.25	17:01	22.04	2			232	
ZZ Rad	4.25	10:13	24.96	1	-	33	0:58	10.50	27:14	23.13	2			227	
ZZ Rad	4.25	10:20	24.68	1	-	38	1:01	14.75	37:34	23.56	2			227	
Rad Ziel	5.75	7:36	45.39	2	2:59	11	2:59	20.50	45:10	27.23	2	0:52		232	
Rad 0	20.00	35:24	33.90	2	1:33	29	17:15	20.50	45:10	27.23	2	0:52		232	
Wechsel R->L	-	0:39	-	1	-	16	0:10	20.50	45:49	26.85	2			229	
Rad 000	20.00	36:03	33.29	1	-	23	15:51	20.50	45:49	26.85	2			229	
ZZ Lauf	2.50	11:41	12.84	2	0:08	102	3:42	23.00	57:30	24.00	2			228	0:35
Lauf Ziel	2.50	13:42	10.95	2	3:36	167	5:09	25.50	1:11:12	21.49	2	2:59		40	13:11
Lauf 000	5.00	25:23	11.82	2	3:44	140	8:44	25.50	1:11:12	21.49	2	2:59		40	13:11