



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Nuss, Bernhard

000: 21:23:01

00: Never Walk Alone

00: 7.48 km/h

00: 44

0000: 7:58 min/km

00: 160.90 km

00000/0000: 54 (of 246)

100MeilenBerlin

00000/0: 51 (of 211)

000000: 13:06:52

0000:

00000: 10(of 46)

Senioren M50 (50-54 Jahre)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	59:36	6:36	13	18:33	73	18:40	9.02	59:36	6:36	13	18:33	73	18:40
VP2 - Schlesische	5.98	37:08	6:12	18	11:00	86	11:02	15.00	1:36:44	6:26	16	29:33	80	29:42
VP3 - Sonnenalle	6.00	38:48	6:27	19	10:27	98	13:10	21.00	2:15:32	6:27	16	40:00	87	42:52
VP4 - Stubenrauc	5.73	34:42	6:03	12	6:20	63	9:27	26.73	2:50:14	6:22	15	46:20	83	52:19
VP5 - U-Bahnhof	4.30	31:51	7:24	17	8:45	96	10:44	31.03	3:22:05	6:30	15	55:05	83	1:01:57
VP6 - Buckower I	5.40	34:35	6:24	8	5:03	46	9:12	36.43	3:56:40	6:29	14	1:00:08	77	1:11:08
VP7 - Kirchhainer	5.54	38:28	6:56	16	7:56	83	12:17	41.97	4:35:08	6:33	14	1:06:14	77	1:22:48
VP8 - Lichtenradi	4.42	30:16	6:50	15	6:21	71	10:03	46.39	5:05:24	6:34	15	1:09:12	77	1:32:51
VP9 - Osdorfer St	5.77	36:31	6:19	10	5:32	43	10:19	52.16	5:41:55	6:33	13	1:09:26	70	1:42:32
VP10 - Sportplatz	6.41	45:19	7:04	8	10:29	41	16:31	58.57	6:27:14	6:36	13	1:13:11	62	1:57:29
VP11 - Königswel	6.18	40:51	6:36	7	4:43	33	11:58	64.75	7:08:05	6:36	12	1:10:03	57	2:08:36
VP12 - Gedenkst	6.18	46:19	7:29	8	8:44	39	14:52	70.93	7:54:24	6:41	9	1:15:54	51	2:22:47
VP13 - Brauhaus	6.84	47:00	6:52	5	5:20	38	23:23	77.77	8:41:24	6:42	9	1:18:37	50	2:37:24
VP14 - Revierförs	6.06	53:43	8:51	31	16:22	121	24:19	83.83	9:35:07	6:51	10	1:34:59	53	3:01:43
VP15 - Schloß Sa	6.20	1:09:00	11:07	26	30:15	123	39:13	90.03	10:44:07	7:09	11	2:05:14	61	3:40:56
VP16 - Pagel & Fi	7.63	56:36	7:25	6	9:42	40	20:12	97.66	11:40:43	7:10	10	2:14:19	58	4:00:41
VP17 - Wilhelmst	4.84	36:44	7:35	7	5:39	40	11:37	102.50	12:17:27	7:11	10	2:19:58	56	4:12:18
VP18 - Falkensee	6.58	47:23	7:12	7	7:29	34	13:55	109.08	13:04:50	7:11	9	2:27:27	52	4:25:30
VP19 - Schönwal	5.70	41:59	7:21	5	5:13	31	13:10	114.78	13:46:49	7:12	9	2:32:40	49	4:38:40
VP20 - Grenzturn	7.53	1:07:59	9:01	14	18:43	67	33:23	122.31	14:54:48	7:18	9	2:51:23	47	5:07:53
VP21 - Ruderclub	4.78	49:33	10:21	14	11:37	59	26:12	127.09	15:44:21	7:25	9	3:02:45	50	5:34:05
VP22 - Frohnau (4.03	39:11	9:43	15	10:50	82	17:39	131.12	16:23:32	7:30	9	3:08:50	50	5:51:44
VP23 - Naturschu	6.78	1:08:12	10:03	18	17:13	85	34:26	137.90	17:31:44	7:37	9	3:26:03	50	6:26:10
VP24 - Oranienbu	4.75	51:12	10:46	25	14:23	104	25:20	142.65	18:22:56	7:43	8	3:33:30	49	6:50:56
VP25 - Lübars	5.69	53:45	9:26	12	11:29	71	24:25	148.34	19:16:41	7:47	8	3:42:28	49	7:15:21
VP26 - S-Bahnhö	5.71	59:08	10:21	23	21:41	104	29:27	154.05	20:15:49	7:53	8	4:02:06	49	7:44:48
VP27 - Wollankst	3.09	25:29	8:14	26	10:30	107	13:08	157.14	20:41:18	7:53	9	4:10:00	50	7:56:32
Friedrich-Ludwig	3.76	41:43	11:05	27	16:23	113	21:06	160.90	21:23:01	7:58	10	4:23:20	51	8:16:09