



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Marti, Christian

□□□: 21:36:08

□□: DUV /smrun

□□: 7.41 km/h

□□: 154

□□□□: 8:04 min/km

□□: 160.90 km

□□□□□/□□□□: 60 (of 246)

100MeilenBerlin

□□□□□/□: 56 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 3(of 18)

Senioren M60 (60-64 Jahre)

□□□□□□□: 17:18:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:04:34	7:09	9	18:15	142	23:38	9.02	1:04:34	7:09	9	18:15	142	23:38
VP2 - Schlesische	5.98	40:30	6:46	8	6:14	136	14:24	15.00	1:45:04	7:00	9	14:43	137	38:02
VP3 - Sonnenalle	6.00	40:08	6:41	7	4:53	116	14:30	21.00	2:25:12	6:54	9	17:50	134	52:32
VP4 - Stubenrauc	5.73	38:34	6:43	8	5:49	125	13:19	26.73	3:03:46	6:52	9	23:39	127	1:05:51
VP5 - U-Bahnhof	4.30	31:42	7:22	4	4:17	93	10:35	31.03	3:35:28	6:56	8	27:56	117	1:15:20
VP6 - Buckower I	5.40	38:40	7:09	6	5:16	105	13:17	36.43	4:14:08	6:58	6	32:37	112	1:28:36
VP7 - Kirchhainer	5.54	38:57	7:01	4	5:14	86	12:46	41.97	4:53:05	6:58	5	37:51	107	1:40:45
VP8 - Lichtenradi	4.42	30:05	6:48	3	3:43	69	9:52	46.39	5:23:10	6:57	4	41:34	104	1:50:37
VP9 - Osdorfer St	5.77	40:24	7:00	4	5:47	74	14:12	52.16	6:03:34	6:58	4	47:21	103	2:04:11
VP10 - Sportplatz	6.41	48:53	7:37	3	8:51	68	20:05	58.57	6:52:27	7:02	4	56:12	98	2:22:42
VP11 - Königswe	6.18	47:47	7:43	7	9:20	92	18:54	64.75	7:40:14	7:06	4	1:05:32	97	2:40:45
VP12 - Gedenkst	6.18	54:50	8:52	5	6:30	109	23:23	70.93	8:35:04	7:15	4	1:12:02	96	3:03:27
VP13 - Brauhaus	6.84	54:59	8:02	4	31:22	96	31:22	77.77	9:30:03	7:19	3	1:22:11	89	3:26:03
VP14 - Revierförs	6.06	48:21	7:58	5	9:07	67	18:57	83.83	10:18:24	7:22	3	1:31:18	83	3:45:00
VP15 - Schloß Sa	6.20	54:20	8:45	3	16:23	49	24:33	90.03	11:12:44	7:28	3	1:47:41	79	4:09:33
VP16 - Pagel & Fi	7.63	1:00:24	7:54	4	17:10	58	24:00	97.66	12:13:08	7:30	3	1:55:12	78	4:33:06
VP17 - Wilhelmst	4.84	41:37	8:35	5	11:10	91	16:30	102.50	12:54:45	7:33	3	2:06:22	78	4:49:36
VP18 - Falkensee	6.58	56:10	8:32	6	13:12	80	22:42	109.08	13:50:55	7:37	3	2:19:34	78	5:11:35
VP19 - Schönwal	5.70	49:33	8:41	3	13:01	53	20:44	114.78	14:40:28	7:40	3	2:32:35	75	5:32:19
VP20 - Grenzturn	7.53	1:05:43	8:43	3	11:30	56	31:07	122.31	15:46:11	7:44	3	2:44:05	74	5:59:16
VP21 - Ruderclub	4.78	41:31	8:41	3	10:01	29	18:10	127.09	16:27:42	7:46	3	2:54:06	63	6:17:26
VP22 - Frohnau (4.03	35:03	8:41	2	10:14	40	13:31	131.12	17:02:45	7:48	3	3:04:20	61	6:30:57
VP23 - Naturschu	6.78	1:04:53	9:34	3	20:51	61	31:07	137.90	18:07:38	7:53	3	3:25:11	59	7:02:04
VP24 - Oranienbu	4.75	51:45	10:53	6	19:24	110	25:53	142.65	18:59:23	7:59	3	3:44:35	60	7:27:23
VP25 - Lübars	5.69	51:03	8:58	2	13:13	55	21:43	148.34	19:50:26	8:01	3	3:57:48	59	7:49:06
VP26 - S-Bahnhö	5.71	54:11	9:29	2	15:36	75	24:30	154.05	20:44:37	8:04	3	4:13:24	58	8:13:36
VP27 - Wollankst	3.09	21:45	7:02	2	5:40	61	9:24	157.14	21:06:22	8:03	3	4:19:04	58	8:21:36
Friedrich-Ludwig	3.76	29:46	7:55	1	-	23	9:09	160.90	21:36:08	8:03	3	4:17:13	56	8:29:16