



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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**Bartkowski, Markus**

□□□: 21:43:00

□□: SuS Phönix Bielefeld 09

□□: 7.37 km/h

□□: 129

□□□□: 8:06 min/km

□□: 160.90 km

□□□□□/□□□: 62 (of 246)

100MeilenBerlin

□□□□□/□: 58 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 17(of 36)

Senioren M40 (40-44 Jahre)

□□□□□□□: 15:19:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	57:42	6:23	13	11:56	51	16:46	9.02	57:42	6:23	13	11:56	51	16:46
VP2 - Schlesische	5.98	35:53	6:00	19	7:29	73	9:47	15.00	1:33:35	6:14	15	19:25	60	26:33
VP3 - Sonnenalle	6.00	36:46	6:07	22	7:39	73	11:08	21.00	2:10:21	6:12	16	27:04	61	37:41
VP4 - Stubenrauc	5.73	33:29	5:50	14	4:53	49	8:14	26.73	2:43:50	6:07	17	31:35	59	45:55
VP5 - U-Bahnhof	4.30	30:04	6:59	18	5:37	68	8:57	31.03	3:13:54	6:14	15	34:59	58	53:46
VP6 - Buckower I	5.40	33:26	6:11	9	3:41	34	8:03	36.43	3:47:20	6:14	15	34:30	57	1:01:48
VP7 - Kirchhainer	5.54	33:17	6:00	9	2:12	29	7:06	41.97	4:20:37	6:12	15	36:11	54	1:08:17
VP8 - Lichtenradi	4.42	27:03	6:07	10	3:20	38	6:50	46.39	4:47:40	6:12	14	37:27	49	1:15:07
VP9 - Osdorfer St	5.77	35:24	6:08	9	4:29	36	9:12	52.16	5:23:04	6:11	12	41:10	46	1:23:41
VP10 - Sportplatz	6.41	45:25	7:05	10	9:28	43	16:37	58.57	6:08:29	6:17	12	50:38	45	1:38:44
VP11 - Königswel	6.18	42:22	6:51	10	8:40	39	13:29	64.75	6:50:51	6:20	11	54:10	44	1:51:22
VP12 - Gedenkst	6.18	49:21	7:59	14	15:05	56	17:54	70.93	7:40:12	6:29	11	1:07:56	43	2:08:35
VP13 - Brauhaus	6.84	52:51	7:43	19	12:43	78	29:14	77.77	8:33:03	6:35	12	1:17:38	47	2:29:03
VP14 - Revierförs	6.06	53:32	8:50	20	20:02	119	24:08	83.83	9:26:35	6:45	13	1:37:40	49	2:53:11
VP15 - Schloß Sa	6.20	45:52	7:23	7	10:24	24	16:05	90.03	10:12:27	6:48	12	1:48:04	44	3:09:16
VP16 - Pagel & Fi	7.63	1:25:52	11:15	30	43:31	173	49:28	97.66	11:38:19	7:09	15	2:31:35	56	3:58:17
VP17 - Wilhelmst	4.84	40:48	8:25	18	12:04	82	15:41	102.50	12:19:07	7:12	16	2:43:39	58	4:13:58
VP18 - Falkensee	6.58	59:50	9:05	19	23:18	102	26:22	109.08	13:18:57	7:19	17	3:06:57	59	4:39:37
VP19 - Schönwal	5.70	49:24	8:39	14	15:26	50	20:35	114.78	14:08:21	7:23	16	3:22:23	56	5:00:12
VP20 - Grenzturn	7.53	1:05:50	8:44	13	22:50	57	31:14	122.31	15:14:11	7:28	16	3:45:13	57	5:27:16
VP21 - Ruderclub	4.78	51:44	10:49	17	21:39	70	28:23	127.09	16:05:55	7:36	16	4:06:44	55	5:55:39
VP22 - Frohnau (	4.03	41:49	10:22	21	17:45	110	20:17	131.12	16:47:44	7:41	16	4:23:51	55	6:15:56
VP23 - Naturschu	6.78	1:00:41	8:57	12	20:04	46	26:55	137.90	17:48:25	7:44	16	4:42:37	54	6:42:51
VP24 - Oranienbu	4.75	44:36	9:23	11	15:33	52	18:44	142.65	18:33:01	7:48	15	4:58:10	51	7:01:01
VP25 - Lübars	5.69	1:01:42	10:50	21	28:49	117	32:22	148.34	19:34:43	7:55	16	5:26:59	54	7:33:23
VP26 - S-Bahnhö	5.71	1:01:49	10:49	20	27:56	114	32:08	154.05	20:36:32	8:01	17	5:54:55	56	8:05:31
VP27 - Wollankst	3.09	26:51	8:41	20	14:30	124	14:30	157.14	21:03:23	8:02	17	6:07:23	57	8:18:37
Friedrich-Ludwig	3.76	39:37	10:32	19	15:51	96	19:00	160.90	21:43:00	8:05	17	6:23:14	58	8:36:08