



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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McGillivray, Magnus

□□□: 21:46:17

□□: Heaton Harriers

□□: 7.35 km/h

□□: 84

□□□□: 8:07 min/km

□□: 160.90 km

□□□□□/□□□□: 64 (of 246)

100MeilenBerlin

□□□□□/□: 60 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 7(of 16)

Senioren M35 (35-39 Jahre)

□□□□□□□: 14:04:27

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:03:05	6:59	11	20:48	130	22:09	9.02	1:03:05	6:59	11	20:48	130	22:09
VP2 - Schlesische	5.98	40:39	6:47	14	13:10	139	14:33	15.00	1:43:44	6:54	11	33:58	132	36:42
VP3 - Sonnenalle	6.00	40:12	6:42	11	12:01	118	14:34	21.00	2:23:56	6:51	11	45:59	125	51:16
VP4 - Stubenrauc	5.73	41:25	7:13	16	15:22	164	16:10	26.73	3:05:21	6:56	13	1:01:21	141	1:07:26
VP5 - U-Bahnhof	4.30	36:10	8:24	16	15:03	168	15:03	31.03	3:41:31	7:08	15	1:16:24	143	1:21:23
VP6 - Buckower I	5.40	41:16	7:38	16	15:53	151	15:53	36.43	4:22:47	7:12	15	1:32:17	143	1:37:15
VP7 - Kirchhainer	5.54	40:27	7:18	11	13:13	107	14:16	41.97	5:03:14	7:13	14	1:45:30	133	1:50:54
VP8 - Lichtenradi	4.42	32:41	7:23	13	11:23	121	12:28	46.39	5:35:55	7:14	14	1:56:53	129	2:03:22
VP9 - Osdorfer St	5.77	44:10	7:39	11	16:54	120	17:58	52.16	6:20:05	7:17	13	2:13:47	129	2:20:42
VP10 - Sportplatz	6.41	58:29	9:07	14	28:31	129	29:41	58.57	7:18:34	7:29	13	2:42:18	126	2:48:49
VP11 - Königsw	6.18	44:41	7:13	6	12:44	62	15:48	64.75	8:03:15	7:27	12	2:55:02	119	3:03:46
VP12 - Gedenkst	6.18	52:39	8:31	11	19:40	79	21:12	70.93	8:55:54	7:33	12	3:14:42	114	3:24:17
VP13 - Brauhaus	6.84	53:27	7:48	11	16:40	87	29:50	77.77	9:49:21	7:34	12	3:31:22	113	3:45:21
VP14 - Revierförs	6.06	54:22	8:58	11	22:38	134	24:58	83.83	10:43:43	7:40	12	3:54:00	115	4:10:19
VP15 - Schloß Sa	6.20	1:06:23	10:42	13	29:37	107	36:36	90.03	11:50:06	7:53	12	4:23:37	109	4:46:55
VP16 - Pagel & Fi	7.63	57:27	7:31	7	16:01	45	21:03	97.66	12:47:33	7:51	10	4:39:38	100	5:07:31
VP17 - Wilhelmst	4.84	38:47	8:00	7	11:14	65	13:40	102.50	13:26:20	7:51	10	4:50:52	95	5:21:11
VP18 - Falkensee	6.58	47:54	7:16	5	11:11	36	14:26	109.08	14:14:14	7:49	10	5:02:03	90	5:34:54
VP19 - Schönwal	5.70	40:22	7:04	5	8:40	21	11:33	114.78	14:54:36	7:47	9	5:10:43	79	5:46:27
VP20 - Grenzturn	7.53	56:27	7:29	5	15:10	31	21:51	122.31	15:51:03	7:46	8	5:25:53	75	6:04:08
VP21 - Ruderclub	4.78	44:21	9:16	5	16:42	39	21:00	127.09	16:35:24	7:49	8	5:42:35	69	6:25:08
VP22 - Frohnau (4.03	35:22	8:46	7	12:58	43	13:50	131.12	17:10:46	7:51	8	5:55:33	67	6:38:58
VP23 - Naturschu	6.78	1:14:07	10:55	12	32:22	114	40:21	137.90	18:24:53	8:00	8	6:27:55	67	7:19:19
VP24 - Oranienbu	4.75	53:20	11:13	12	24:26	118	27:28	142.65	19:18:13	8:07	8	6:52:21	67	7:46:13
VP25 - Lübars	5.69	50:16	8:50	7	17:56	47	20:56	148.34	20:08:29	8:08	7	7:10:17	61	8:07:09
VP26 - S-Bahnh	5.71	46:58	8:13	5	14:58	37	17:17	154.05	20:55:27	8:08	7	7:25:15	61	8:24:26
VP27 - Wollankst	3.09	18:27	5:58	3	4:49	25	6:06	157.14	21:13:54	8:06	7	7:30:04	60	8:29:08
Friedrich-Ludwig	3.76	32:23	8:36	6	11:46	44	11:46	160.90	21:46:17	8:07	7	7:41:50	60	8:39:25