



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Neumann, Petra

□□: ESV Lok Zwickau

□□: 138

□□: 160.90 km

100MeilenBerlin

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 21:51:50

□□: 7.32 km/h

□□□□: 8:09 min/km

□□□□□/□□□□: 66 (of 246)

□□□□□/□: 5 (of 35)

□□□□□□: 18:16:29

□□□□□: 4(of 10)

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	58:10	6:26	4	2:28	6	6:38	9.02	58:10	6:26	4	2:28	6	6:38
VP2 - Schlesische	5.98	35:21	5:54	5	1:18	7	2:22	15.00	1:33:31	6:14	4	2:34	6	9:00
VP3 - Sonnenalle	6.00	37:03	6:10	5	2:04	9	3:34	21.00	2:10:34	6:13	5	3:33	7	12:34
VP4 - Stubenrauc	5.73	34:10	5:57	3	1:27	4	2:48	26.73	2:44:44	6:09	4	5:00	6	15:22
VP5 - U-Bahnhof	4.30	28:53	6:43	3	1:04	4	2:18	31.03	3:13:37	6:14	3	6:04	4	17:40
VP6 - Buckower I	5.40	35:30	6:34	4	0:49	6	2:56	36.43	3:49:07	6:17	4	6:53	6	20:36
VP7 - Kirchhainer	5.54	36:04	6:30	2	3:02	3	3:08	41.97	4:25:11	6:19	3	9:55	4	23:44
VP8 - Lichtenradi	4.42	28:18	6:24	2	1:55	3	2:03	46.39	4:53:29	6:19	2	11:50	3	25:47
VP9 - Osdorfer St	5.77	36:49	6:22	2	1:42	3	1:55	52.16	5:30:18	6:19	2	13:32	3	27:42
VP10 - Sportplatz	6.41	42:19	6:36	2	2:15	2	2:15	58.57	6:12:37	6:21	2	15:47	3	26:12
VP11 - Königswel	6.18	41:58	6:47	2	2:09	3	3:20	64.75	6:54:35	6:24	2	17:56	3	29:32
VP12 - Gedenkst	6.18	46:25	7:30	2	2:56	3	2:56	70.93	7:41:00	6:29	2	20:52	3	29:39
VP13 - Brauhaus	6.84	45:49	6:41	2	3:02	2	3:02	77.77	8:26:49	6:31	2	23:54	3	27:10
VP14 - Revierförs	6.06	45:14	7:27	3	4:40	4	4:48	83.83	9:12:03	6:35	2	28:34	3	31:58
VP15 - Schloß Sa	6.20	1:03:07	10:10	5	16:33	9	16:33	90.03	10:15:10	6:49	2	45:07	3	45:37
VP16 - Pagel & Fi	7.63	1:05:47	8:37	5	16:27	9	16:27	97.66	11:20:57	6:58	2	1:01:34	3	1:01:34
VP17 - Wilhelmst	4.84	40:12	8:18	3	7:13	4	7:13	102.50	12:01:09	7:02	2	1:08:47	3	1:08:47
VP18 - Falkensee	6.58	55:37	8:27	4	10:55	5	10:55	109.08	12:56:46	7:07	3	1:19:42	4	1:19:42
VP19 - Schönwal	5.70	49:35	8:41	5	7:33	6	7:33	114.78	13:46:21	7:11	3	1:27:15	4	1:27:15
VP20 - Grenzturn	7.53	1:08:53	9:08	3	13:58	6	20:26	122.31	14:55:14	7:19	3	1:41:13	4	1:41:13
VP21 - Ruderclub	4.78	57:48	12:05	5	17:32	16	17:32	127.09	15:53:02	7:29	3	1:58:45	4	1:58:45
VP22 - Frohnau (4.03	42:31	10:33	4	12:22	12	12:22	131.12	16:35:33	7:35	3	2:11:07	4	2:11:07
VP23 - Naturschu	6.78	1:17:39	11:27	6	25:17	18	25:17	137.90	17:53:12	7:46	4	2:36:24	5	2:36:24
VP24 - Oranienbu	4.75	53:35	11:16	5	15:03	15	15:03	142.65	18:46:47	7:53	4	2:51:27	5	2:51:27
VP25 - Lübars	5.69	1:01:07	10:44	5	14:45	16	15:40	148.34	19:47:54	8:00	4	3:06:12	5	3:06:12
VP26 - S-Bahnho	5.71	1:02:49	11:00	5	17:49	16	18:40	154.05	20:50:43	8:07	4	3:24:01	5	3:24:01
VP27 - Wollankst	3.09	25:16	8:10	6	6:35	18	8:17	157.14	21:15:59	8:07	4	3:30:36	5	3:30:36
Friedrich-Ludwig	3.76	35:51	9:32	4	4:45	8	9:45	160.90	21:51:50	8:09	4	3:35:21	5	3:35:21