



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Thieme, Günter

00: ESV Lok Zwickau

00: 274

00: 160.90 km

100MeilenBerlin

0000:

Senioren M45 (45-49 Jahre)

000: 21:51:49

00: 7.36 km/h

0000: 8:09 min/km

00000/0000: 65 (of 246)

00000/0: 61 (of 211)

000000: 13:06:52

00000: 10(of 43)

0000000: 16:18:36

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000	00 km	00 00 min/km	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00 min/km	00 -	00 -	00 0	00 0
VP1 - Mahnmal P	9.02	58:10	6:26	11	15:49	57	17:14	9.02	58:10	6:26	11	15:49	57	17:14
VP2 - Schlesische	5.98	35:59	6:01	15	8:31	74	9:53	15.00	1:34:09	6:16	13	24:20	64	27:07
VP3 - Sonnenalle	6.00	36:25	6:04	15	8:12	68	10:47	21.00	2:10:34	6:13	12	32:32	63	37:54
VP4 - Stubenrauc	5.73	34:10	5:57	13	7:31	59	8:55	26.73	2:44:44	6:09	13	40:03	63	46:49
VP5 - U-Bahnhof	4.30	28:54	6:43	11	7:11	54	7:47	31.03	3:13:38	6:14	11	47:14	55	53:30
VP6 - Buckower I	5.40	35:29	6:34	12	7:45	59	10:06	36.43	3:49:07	6:17	12	54:59	59	1:03:35
VP7 - Kirchhainer	5.54	36:03	6:30	9	6:12	51	9:52	41.97	4:25:10	6:19	12	1:01:11	58	1:12:50
VP8 - Lichtenradi	4.42	28:19	6:24	9	4:26	50	8:06	46.39	4:53:29	6:19	12	1:05:24	58	1:20:56
VP9 - Osdorfer St	5.77	36:49	6:22	8	5:50	44	10:37	52.16	5:30:18	6:19	11	1:06:55	56	1:30:55
VP10 - Sportplatz	6.41	39:50	6:12	6	5:54	22	11:02	58.57	6:10:08	6:19	10	1:12:49	49	1:40:23
VP11 - Königswel	6.18	44:27	7:11	11	9:54	58	15:34	64.75	6:54:35	6:24	9	1:15:36	48	1:55:06
VP12 - Gedenkst	6.18	46:24	7:30	7	8:25	40	14:57	70.93	7:40:59	6:29	8	1:24:01	44	2:09:22
VP13 - Brauhaus	6.84	45:52	6:42	8	19:55	31	22:15	77.77	8:26:51	6:31	9	1:27:12	44	2:22:51
VP14 - Revierförs	6.06	45:12	7:27	7	7:47	43	15:48	83.83	9:12:03	6:35	9	1:33:06	42	2:38:39
VP15 - Schloß Sa	6.20	1:03:06	10:10	19	24:25	87	33:19	90.03	10:15:09	6:49	8	1:54:39	46	3:11:58
VP16 - Pagel & Fi	7.63	1:05:49	8:37	17	18:43	88	29:25	97.66	11:20:58	6:58	8	2:13:22	44	3:40:56
VP17 - Wilhelmst	4.84	40:10	8:17	14	9:08	77	15:03	102.50	12:01:08	7:02	8	2:20:54	44	3:55:59
VP18 - Falkensee	6.58	55:38	8:27	17	22:10	74	22:10	109.08	12:56:46	7:07	10	2:35:35	48	4:17:26
VP19 - Schönwal	5.70	49:33	8:41	10	12:55	53	20:44	114.78	13:46:19	7:11	9	2:46:17	48	4:38:10
VP20 - Grenzturn	7.53	1:08:54	9:09	15	34:18	72	34:18	122.31	14:55:13	7:19	8	3:04:43	48	5:08:18
VP21 - Ruderclub	4.78	57:48	12:05	18	24:53	107	34:27	127.09	15:53:01	7:29	9	3:29:36	53	5:42:45
VP22 - Frohnau (4.03	42:32	10:33	23	16:01	118	21:00	131.12	16:35:33	7:35	9	3:45:37	53	6:03:45
VP23 - Naturschu	6.78	1:17:38	11:27	24	33:32	129	43:52	137.90	17:53:11	7:46	9	4:19:09	55	6:47:37
VP24 - Oranienbu	4.75	53:35	11:16	25	20:20	119	27:43	142.65	18:46:46	7:53	9	4:38:47	57	7:14:46
VP25 - Lübars	5.69	1:01:05	10:44	22	23:24	116	31:45	148.34	19:47:51	8:00	10	5:02:11	58	7:46:31
VP26 - S-Bahnhö	5.71	1:02:48	10:59	24	23:14	119	33:07	154.05	20:50:39	8:07	10	5:22:41	60	8:19:38
VP27 - Wollankst	3.09	25:21	8:12	21	8:35	105	13:00	157.14	21:16:00	8:07	10	5:29:08	61	8:31:14
Friedrich-Ludwig	3.76	35:49	9:31	13	10:51	71	15:12	160.90	21:51:49	8:09	10	5:33:13	61	8:44:57