



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Balz, Harald

□□□: 22:28:18

□□: Die Orientierungslosen

□□: 7.12 km/h

□□: 262

□□□□: 8:23 min/km

□□: 160.90 km

□□□□□/□□□□: 73 (of 246)

100MeilenBerlin

□□□□□/□: 68 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 6(of 25)

Senioren M55 (55-59 Jahre)

□□□□□□□: 17:16:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:11:41	7:56	24	25:22	180	30:45	9.02	1:11:41	7:56	24	25:22	180	30:45	
VP2 - Schlesische	5.98	42:13	7:03	20	11:37	159	16:07	15.00	1:53:54	7:35	22	36:59	171	46:52	
VP3 - Sonnenalle	6.00	42:48	7:07	23	11:52	160	17:10	21.00	2:36:42	7:27	22	48:51	169	1:04:02	
VP4 - Stubenrauc	5.73	41:01	7:09	21	12:08	159	15:46	26.73	3:17:43	7:23	23	1:00:59	169	1:19:48	
VP5 - U-Bahnhof	4.30	35:57	8:21	20	11:21	162	14:50	31.03	3:53:40	7:31	23	1:12:20	169	1:33:32	
VP6 - Buckower I	5.40	41:25	7:40	16	12:27	155	16:02	36.43	4:35:05	7:33	22	1:24:47	168	1:49:33	
VP7 - Kirchhainer	5.54	42:02	7:35	14	11:33	126	15:51	41.97	5:17:07	7:33	21	1:36:20	162	2:04:47	
VP8 - Lichtenradi	4.42	33:05	7:29	12	9:24	127	12:52	46.39	5:50:12	7:32	21	1:45:44	159	2:17:39	
VP9 - Osdorfer St	5.77	46:54	8:07	16	15:28	155	20:42	52.16	6:37:06	7:36	20	2:01:12	154	2:37:43	
VP10 - Sportplatz	6.41	59:18	9:15	16	22:25	138	30:30	58.57	7:36:24	7:47	18	2:23:37	149	3:06:39	
VP11 - Königsw	6.18	49:15	7:58	13	13:16	110	20:22	64.75	8:25:39	7:48	17	2:36:53	139	3:26:10	
VP12 - Gedenkst	6.18	57:43	9:20	14	17:53	133	26:16	70.93	9:23:22	7:56	17	2:54:46	137	3:51:45	
VP13 - Brauhaus	6.84	56:50	8:18	12	15:26	104	33:13	77.77	10:20:12	7:58	16	3:10:12	132	4:16:12	
VP14 - Revierförs	6.06	47:12	7:47	8	11:15	57	17:48	83.83	11:07:24	7:57	15	3:21:27	130	4:34:00	
VP15 - Schloß Sa	6.20	1:05:44	10:36	10	26:16	104	35:57	90.03	12:13:08	8:08	15	3:47:43	129	5:09:57	
VP16 - Pagel & Fi	7.63	59:45	7:49	6	10:14	52	23:21	97.66	13:12:53	8:07	15	3:57:57	126	5:32:51	
VP17 - Wilhelmst	4.84	38:34	7:58	7	9:37	63	13:27	102.50	13:51:27	8:06	13	4:04:11	122	5:46:18	
VP18 - Falkensee	6.58	53:21	8:06	6	11:20	58	19:53	109.08	14:44:48	8:06	10	4:14:20	110	6:05:28	
VP19 - Schönwal	5.70	53:01	9:18	8	14:16	79	24:12	114.78	15:37:49	8:10	10	4:24:51	104	6:29:40	
VP20 - Grenzturn	7.53	1:08:42	9:07	7	19:36	71	34:06	122.31	16:46:31	8:13	10	4:44:27	102	6:59:36	
VP21 - Ruderclub	4.78	50:33	10:34	6	17:56	66	27:12	127.09	17:37:04	8:19	9	5:01:33	92	7:26:48	
VP22 - Frohnau (4.03	35:02	8:41	5	7:53	39	13:30	131.12	18:12:06	8:19	9	5:06:47	90	7:40:18	
VP23 - Naturschu	6.78	1:03:12	9:19	6	16:27	53	29:26	137.90	19:15:18	8:22	9	5:22:54	89	8:09:44	
VP24 - Oranienbu	4.75	40:54	8:36	5	7:40	35	15:02	142.65	19:56:12	8:23	8	5:26:13	88	8:24:12	
VP25 - Lübars	5.69	47:45	8:23	8	7:42	41	18:25	148.34	20:43:57	8:23	8	5:27:52	79	8:42:37	
VP26 - S-Bahnh	5.71	49:27	8:39	6	8:16	52	19:46	154.05	21:33:24	8:23	7	5:29:06	76	9:02:23	
VP27 - Wollankst	3.09	20:56	6:46	4	3:06	53	8:35	157.14	21:54:20	8:21	7	5:23:01	72	9:09:34	
Friedrich-Ludwig	3.76	33:58	9:02	7	4:26	58	13:21	160.90	22:28:18	8:22	6	5:11:45	68	9:21:26	