



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Zugspitz Trailer

00: aktiv Laufen

00: 4011

00: 160.90 km

4er Staffel

0000:

Staffel 4 x 40 km

000: 14:01:32

00: 11.41 km/h

0000: 5:14 min/km

00000/000: 1 (of 15)

00000/000: 1 (of 15)

000000: 14:01:32

00000: 1(of 15)

0000000: 14:01:32

0000

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000	00 km	00 00	00 min/km	00 -	00 -	00 00	00 00	000 km	000 00	000 min/km	00 -	00 -	00 00	00 00
VP1 - Mahnmal P	9.02	48:04	5:19	1	-	1	-	9.02	48:04	5:19	1	-	1	-
VP2 - Schlesische	5.98	29:50	4:59	1	-	1	-	15.00	1:17:54	5:11	1	-	1	-
VP3 - Sonnenalle	6.00	28:18	4:43	1	-	1	-	21.00	1:46:12	5:03	1	-	1	-
VP4 - Stubenrauc	5.73	26:26	4:36	1	-	1	-	26.73	2:12:38	4:57	1	-	1	-
VP5 - U-Bahnhof	4.30	21:52	5:05	1	-	1	-	31.03	2:34:30	4:58	1	-	1	-
VP6 - Buckower I	5.40	25:19	4:41	1	-	1	-	36.43	2:59:49	4:56	1	-	1	-
VP7 - Kirchhainer	5.54	26:06	4:42	1	-	1	-	41.97	3:25:55	4:54	1	-	1	-
VP8 - Lichtenradi	4.42	19:58	4:31	1	-	1	-	46.39	3:45:53	4:52	1	-	1	-
VP9 - Osdorfer St	5.77	25:36	4:26	1	-	1	-	52.16	4:11:29	4:49	1	-	1	-
VP10 - Sportplatz	6.41	28:10	4:23	1	-	1	-	58.57	4:39:39	4:46	1	-	1	-
VP11 - Königswe	6.18	44:02	7:07	11	14:17	11	14:17	64.75	5:23:41	4:59	1	-	1	-
VP12 - Gedenkst	6.18	38:18	6:11	5	5:24	5	5:24	70.93	6:01:59	5:06	1	-	1	-
VP13 - Brauhaus	6.84	50:35	7:23	12	16:34	12	16:34	77.77	6:52:34	5:18	1	-	1	-
VP14 - Revierförs	6.06	35:54	5:55	4	4:32	4	4:32	83.83	7:28:28	5:20	2	0:44	2	0:44
VP15 - Schloß Sa	6.20	40:40	6:33	10	7:41	10	7:41	90.03	8:09:08	5:25	2	5:10	2	5:10
VP16 - Pagel & Fi	7.63	36:43	4:48	1	-	1	-	97.66	8:45:51	5:23	1	-	1	-
VP17 - Wilhelmst	4.84	24:15	5:00	1	-	1	-	102.50	9:10:06	5:22	1	-	1	-
VP18 - Falkensee	6.58	35:04	5:19	1	-	1	-	109.08	9:45:10	5:21	1	-	1	-
VP19 - Schönwal	5.70	30:54	5:25	1	-	1	-	114.78	10:16:04	5:22	1	-	1	-
VP20 - Grenzturn	7.53	40:26	5:22	1	-	1	-	122.31	10:56:30	5:22	1	-	1	-
VP21 - Ruderclub	4.78	27:31	5:45	4	3:43	4	3:43	127.09	11:24:01	5:22	1	-	1	-
VP22 - Frohnau (4.03	18:20	4:32	2	2:15	2	2:15	131.12	11:42:21	5:21	1	-	1	-
VP23 - Naturschu	6.78	32:06	4:44	2	3:54	2	3:54	137.90	12:14:27	5:19	1	-	1	-
VP24 - Oranienbu	4.75	22:24	4:42	2	1:26	2	1:26	142.65	12:36:51	5:18	1	-	1	-
VP25 - Lübars	5.69	26:53	4:43	2	1:00	2	1:00	148.34	13:03:44	5:17	1	-	1	-
VP26 - S-Bahnhö	5.71	26:34	4:39	1	-	1	-	154.05	13:30:18	5:15	1	-	1	-
VP27 - Wollankst	3.09	11:50	3:49	1	-	1	-	157.14	13:42:08	5:13	1	-	1	-
Friedrich-Ludwig	3.03	19:24	6:24	1	-	1	-	160.90	14:01:32	5:13	1	-	1	-