



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Fenz, Hendrik

00: LG Mauerweg Berlin

00: 27

00: 160.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 22:45:26

00: 7.03 km/h

0000: 8:29 min/km

00000/0000: 84 (of 246)

00000/0: 78 (of 211)

000000: 13:06:52

00000: 16(of 46)

0000000: 16:59:41

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000	00 km	00 00 min/km	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00 min/km	00 -	00 -	00 0	00 0
VP1 - Mahnmal P	9.02	1:01:20	6:47	16	20:17	89	20:24	9.02	1:01:20	6:47	16	20:17	89	20:24
VP2 - Schlesische	5.98	34:51	5:49	10	8:43	56	8:45	15.00	1:36:11	6:24	13	29:00	73	29:09
VP3 - Sonnenalle	6.00	38:56	6:29	20	10:35	100	13:18	21.00	2:15:07	6:26	15	39:35	86	42:27
VP4 - Stubenrauc	5.73	36:42	6:24	19	8:20	89	11:27	26.73	2:51:49	6:25	17	47:55	87	53:54
VP5 - U-Bahnhof	4.30	32:38	7:35	22	9:32	111	11:31	31.03	3:24:27	6:35	18	57:27	89	1:04:19
VP6 - Buckower I	5.40	35:33	6:34	10	6:01	60	10:10	36.43	4:00:00	6:35	18	1:03:28	86	1:14:28
VP7 - Kirchhainer	5.54	36:09	6:31	10	5:37	53	9:58	41.97	4:36:09	6:34	17	1:07:15	80	1:23:49
VP8 - Lichtenradi	4.42	28:32	6:27	10	4:37	51	8:19	46.39	5:04:41	6:34	13	1:08:29	75	1:32:08
VP9 - Osdorfer St	5.77	37:54	6:34	13	6:55	51	11:42	52.16	5:42:35	6:34	14	1:10:06	73	1:43:12
VP10 - Sportplatz	6.41	59:50	9:20	31	25:00	143	31:02	58.57	6:42:25	6:52	15	1:28:22	78	2:12:40
VP11 - Königswe	6.18	48:29	7:50	22	12:21	98	19:36	64.75	7:30:54	6:57	16	1:32:52	84	2:31:25
VP12 - Gedenkst	6.18	52:29	8:29	14	14:54	76	21:02	70.93	8:23:23	7:05	16	1:44:53	81	2:51:46
VP13 - Brauhaus	6.84	52:47	7:43	14	11:07	77	29:10	77.77	9:16:10	7:09	16	1:53:23	82	3:12:10
VP14 - Revierförs	6.06	54:19	8:57	33	16:58	133	24:55	83.83	10:10:29	7:16	16	2:10:21	80	3:37:05
VP15 - Schloß Sa	6.20	1:07:53	10:56	24	29:08	116	38:06	90.03	11:18:22	7:32	17	2:39:29	81	4:15:11
VP16 - Pagel & Fi	7.63	1:07:34	8:51	21	20:40	104	31:10	97.66	12:25:56	7:38	17	2:59:32	82	4:45:54
VP17 - Wilhelmst	4.84	38:26	7:56	13	7:21	61	13:19	102.50	13:04:22	7:39	17	3:06:53	82	4:59:13
VP18 - Falkensee	6.58	58:43	8:55	22	18:49	96	25:15	109.08	14:03:05	7:43	17	3:25:42	82	5:23:45
VP19 - Schönwal	5.70	49:26	8:40	9	12:40	51	20:37	114.78	14:52:31	7:46	17	3:38:22	78	5:44:22
VP20 - Grenzturn	7.53	1:08:03	9:02	15	18:47	68	33:27	122.31	16:00:34	7:51	16	3:57:09	78	6:13:39
VP21 - Ruderclub	4.78	59:35	12:27	26	21:39	119	36:14	127.09	17:00:09	8:01	16	4:18:33	80	6:49:53
VP22 - Frohnau (	4.03	38:40	9:35	12	10:19	74	17:08	131.12	17:38:49	8:04	16	4:24:07	79	7:07:01
VP23 - Naturschu	6.78	1:07:16	9:55	16	16:17	79	33:30	137.90	18:46:05	8:09	16	4:40:24	76	7:40:31
VP24 - Oranienbu	4.75	46:44	9:50	15	9:55	70	20:52	142.65	19:32:49	8:13	16	4:43:23	78	8:00:49
VP25 - Lübars	5.69	1:05:16	11:28	30	23:00	138	35:56	148.34	20:38:05	8:20	16	5:03:52	78	8:36:45
VP26 - S-Bahnhö	5.71	1:02:35	10:57	27	25:08	118	32:54	154.05	21:40:40	8:26	17	5:26:57	80	9:09:39
VP27 - Wollankst	3.09	24:03	7:46	19	9:04	94	11:42	157.14	22:04:43	8:25	17	5:33:25	81	9:19:57
Friedrich-Ludwig	3.76	40:43	10:49	23	15:23	101	20:06	160.90	22:45:26	8:29	16	5:45:45	78	9:38:34