



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Firmani, Mauro

000: 22:51:30

00: CRAL I P.Z.S.

00: 7.00 km/h

00: 143

0000: 8:31 min/km

00: 160.90 km

00000/0000: 92 (of 246)

100MeilenBerlin

00000/0: 86 (of 211)

000000: 13:06:52

0000:

00000: 8(of 25)

Senioren M55 (55-59 Jahre)

0000000: 17:16:33

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Mahnmal P	9.02	51:38	5:43	3	5:19	21	10:42	9.02	51:38	5:43	3	5:19	21	10:42
VP2 - Schlesische	5.98	33:32	5:36	5	2:56	36	7:26	15.00	1:25:10	5:40	4	8:15	30	18:08
VP3 - Sonnenalle	6.00	32:25	5:24	3	1:29	22	6:47	21.00	1:57:35	5:35	3	9:44	26	24:55
VP4 - Stubenrauc	5.73	34:06	5:57	7	5:13	57	8:51	26.73	2:31:41	5:40	4	14:57	31	33:46
VP5 - U-Bahnhof	4.30	29:50	6:56	6	5:14	63	8:43	31.03	3:01:31	5:50	5	20:11	34	41:23
VP6 - Buckower I	5.40	35:15	6:31	7	6:17	56	9:52	36.43	3:36:46	5:57	5	26:28	36	51:14
VP7 - Kirchhainer	5.54	38:17	6:54	7	7:48	80	12:06	41.97	4:15:03	6:04	5	34:16	39	1:02:43
VP8 - Lichtenradi	4.42	31:00	7:00	7	7:19	83	10:47	46.39	4:46:03	6:09	5	41:35	45	1:13:30
VP9 - Osdorfer St	5.77	42:45	7:24	9	11:19	105	16:33	52.16	5:28:48	6:18	6	52:54	53	1:29:25
VP10 - Sportplatz	6.41	54:29	8:29	10	17:36	101	25:41	58.57	6:23:17	6:32	6	1:10:30	56	1:53:32
VP11 - Königswel	6.18	45:55	7:25	9	9:56	76	17:02	64.75	7:09:12	6:37	6	1:20:26	59	2:09:43
VP12 - Gedenkst	6.18	52:17	8:27	6	12:27	73	20:50	70.93	8:01:29	6:47	6	1:32:53	58	2:29:52
VP13 - Brauhaus	6.84	52:53	7:43	9	11:29	79	29:16	77.77	8:54:22	6:52	6	1:44:22	60	2:50:22
VP14 - Revierförs	6.06	51:24	8:28	11	15:27	100	22:00	83.83	9:45:46	6:59	6	1:59:49	62	3:12:22
VP15 - Schloß Sa	6.20	59:40	9:37	7	20:12	72	29:53	90.03	10:45:26	7:10	6	2:20:01	62	3:42:15
VP16 - Pagel & Fi	7.63	1:06:15	8:40	11	16:44	93	29:51	97.66	11:51:41	7:17	6	2:36:45	66	4:11:39
VP17 - Wilhelmst	4.84	42:04	8:41	10	13:07	93	16:57	102.50	12:33:45	7:21	6	2:46:29	66	4:28:36
VP18 - Falkensee	6.58	1:01:15	9:18	11	19:14	112	27:47	109.08	13:35:00	7:28	6	3:04:32	69	4:55:40
VP19 - Schönwal	5.70	52:47	9:15	7	14:02	76	23:58	114.78	14:27:47	7:33	6	3:14:49	67	5:19:38
VP20 - Grenzturn	7.53	1:12:27	9:37	10	23:21	92	37:51	122.31	15:40:14	7:41	6	3:38:10	68	5:53:19
VP21 - Ruderclub	4.78	1:01:41	12:54	17	29:04	134	38:20	127.09	16:41:55	7:53	7	4:06:24	73	6:31:39
VP22 - Frohnau (4.03	38:30	9:33	8	11:21	69	16:58	131.12	17:20:25	7:56	7	4:15:06	72	6:48:37
VP23 - Naturschu	6.78	1:14:54	11:02	11	28:09	117	41:08	137.90	18:35:19	8:05	7	4:42:55	70	7:29:45
VP24 - Oranienbu	4.75	51:21	10:48	12	18:07	108	25:29	142.65	19:26:40	8:10	7	4:56:41	70	7:54:40
VP25 - Lübars	5.69	59:35	10:28	11	19:32	107	30:15	148.34	20:26:15	8:15	7	5:10:10	73	8:24:55
VP26 - S-Bahnhö	5.71	1:07:11	11:45	19	26:00	142	37:30	154.05	21:33:26	8:23	8	5:29:08	77	9:02:25
VP27 - Wollankst	3.09	30:13	9:46	19	12:23	169	17:52	157.14	22:03:39	8:25	8	5:32:20	79	9:18:53
Friedrich-Ludwig	3.76	47:51	12:43	17	18:19	153	27:14	160.90	22:51:30	8:31	8	5:34:57	86	9:44:38